

別表 1

TED の調査結果

実施年：2011 年

対象人数：2 万人

性別：男 75.7% 女 23.9% 無回答 0.4%

年齢：12 歳以下 0.1%

13 ～ 17 歳 4.3%

18 ～ 25 歳 35.5%

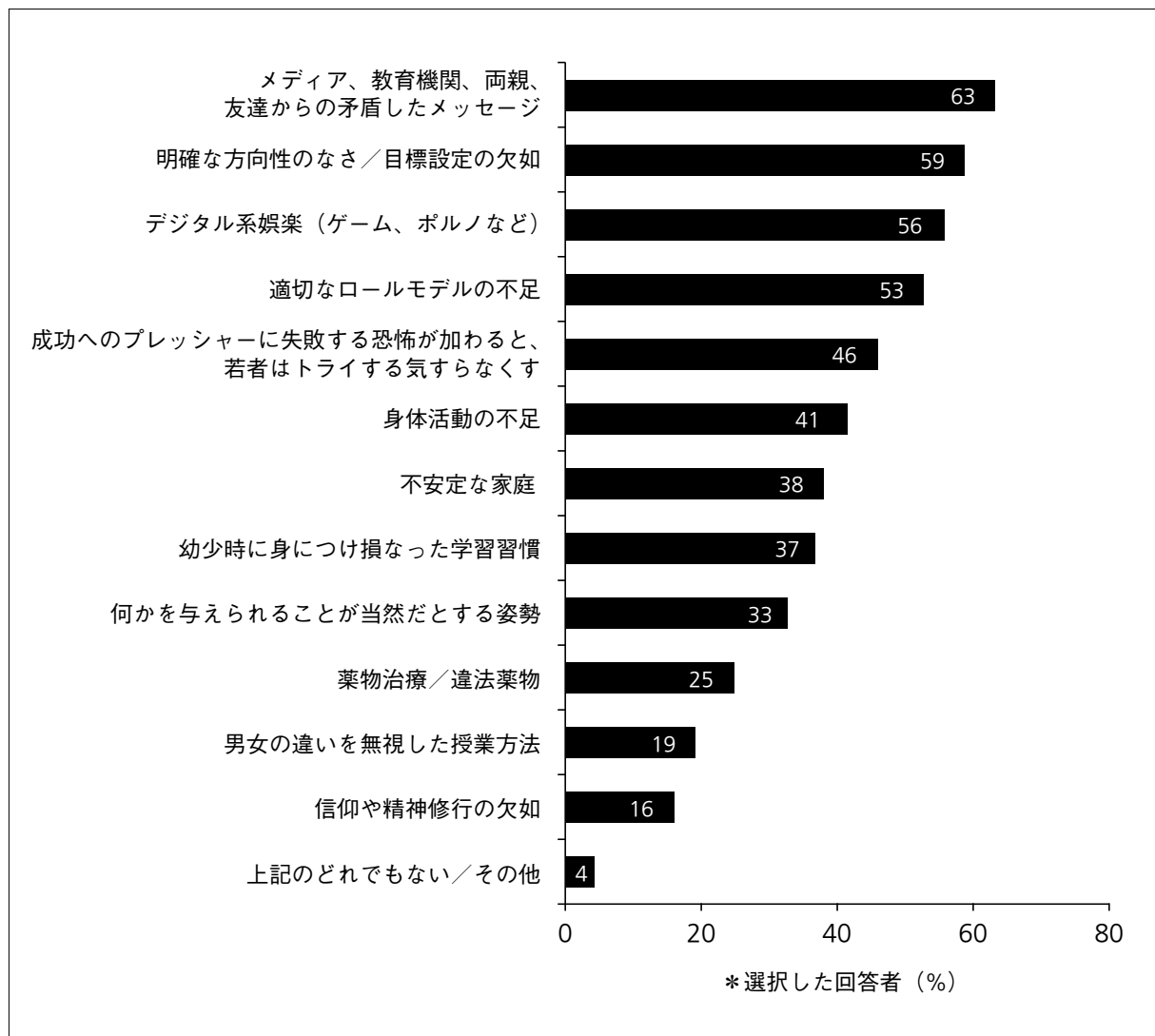
26 ～ 34 歳 28.7%

35 ～ 50 歳 20.4%

51 歳以上 10.9%

すべての質問が複数回答可だったので、答えのパーセントの合計は 100 を超えている。

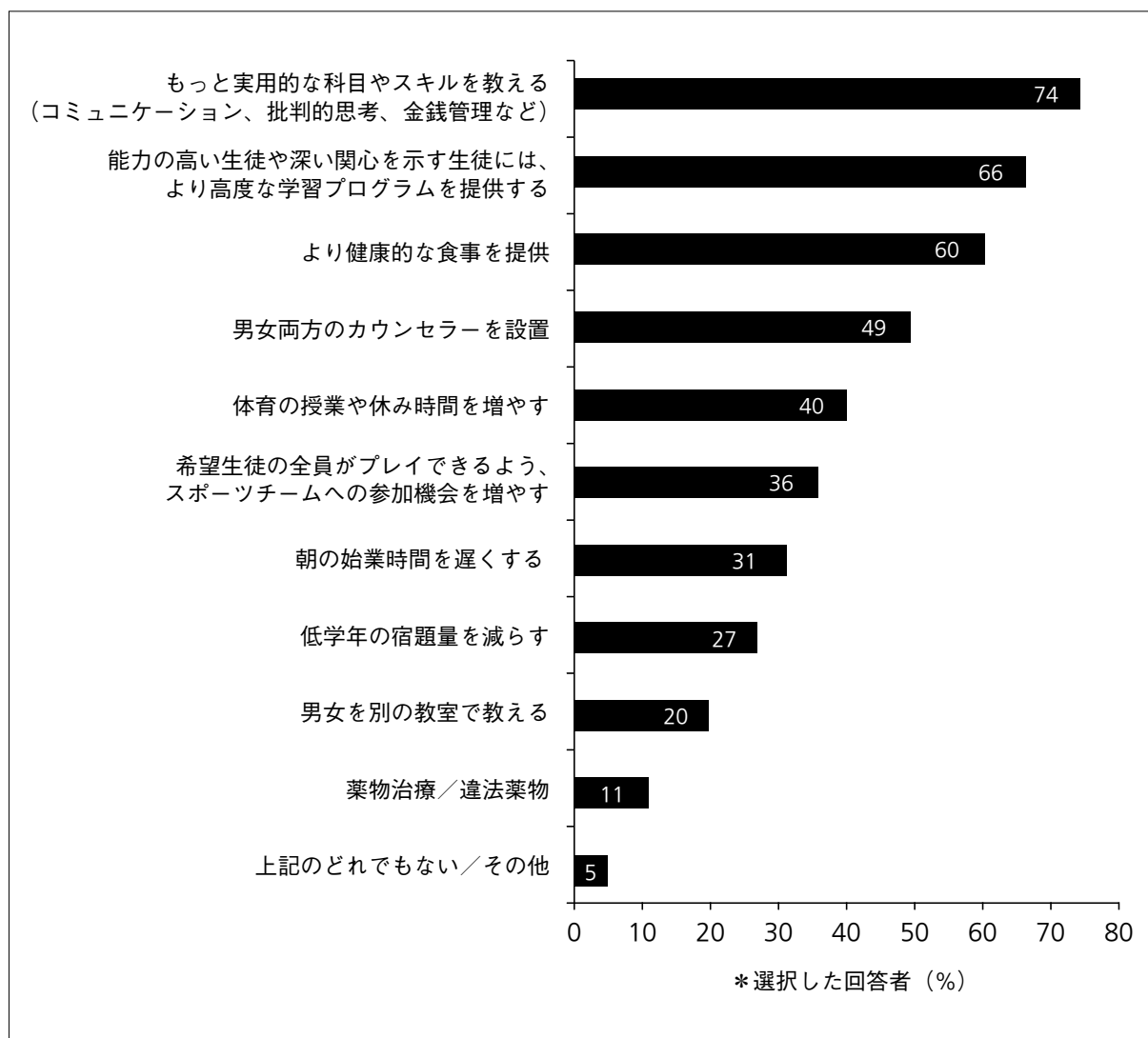
質問：男子にやる気が欠けている原因として、どんなことが考えられますか？



結果の注目点

- 12歳以下の少年の64%が「成功へのプレッシャーに失敗する恐怖が組み合わさると、若者はトライする気すらなくす」を選択。
- 13～17歳の少年の62%が「デジタル系娯楽」を選択。
- 18～25歳の男性の66%と26～34歳の男性の63%が「明確な方向性のなさ／目標設定の欠如」を選択。

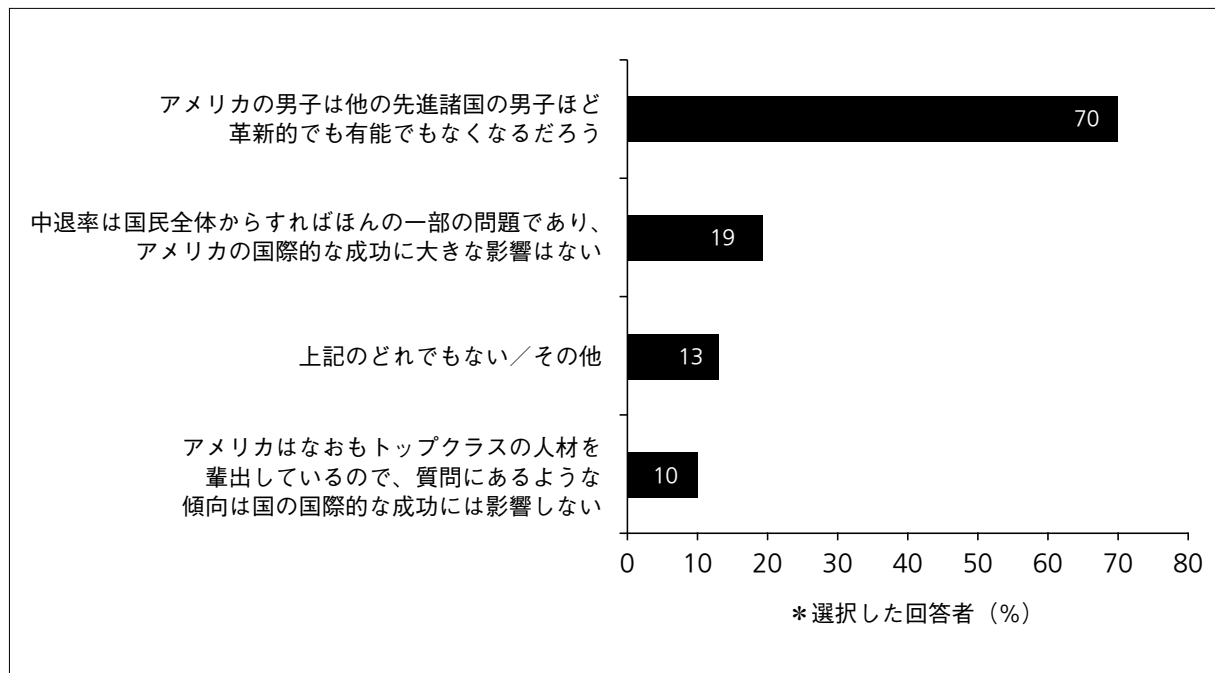
質問：男子生徒を授業により積極的に参加させるためには、学校をどう変えればいいと思いますか？



結果の注目点

- 12歳以下の少年の64%が「男女両方のカウンセラーを設置」を選択。
- 13～17歳の少年の73%が「能力の高い生徒や深い関心を示す生徒には、より高度な学習プログラムを提供する」を選択。
- 18～34歳の男性の75%が「もっと実用的な科目やスキルを教える（コミュニケーション、批判的思考、金銭管理など）」を選択。

質問：男子に見られる中退率の上昇やテストでの成績不振は、アメリカの将来にどんな影響を及ぼすと思いますか？

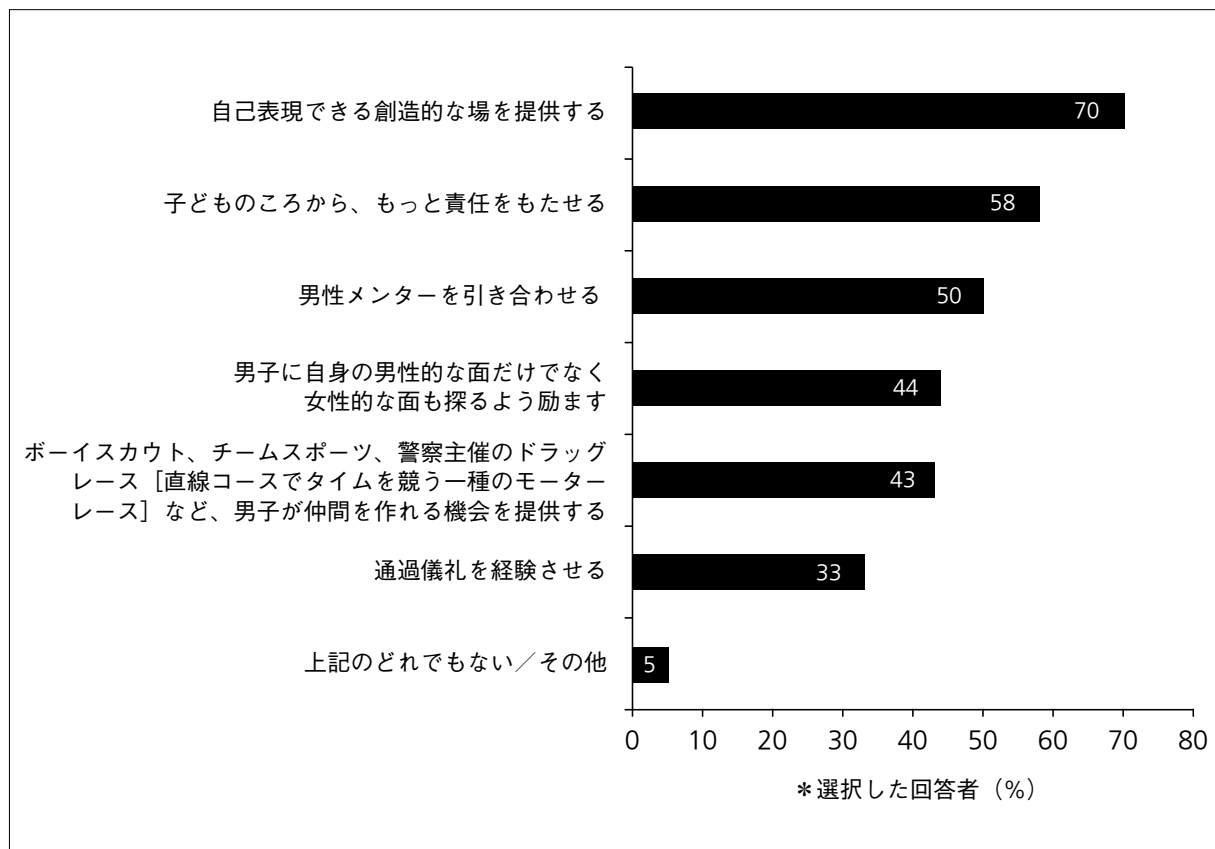


結果の注目点

以下のグループはすべて「アメリカの男子は他の先進諸国の男子ほど革新的でも有能でもなくなるだろう」を選択した。

- 13～17歳の少年の65%
- 18～25歳の男性の66%
- 26～34歳の男性の75%
- 35歳以上の男女の74%

質問：男子にやる気を起こさせる安全かつ向社会的な方法としては、どんなものが考えられますか？

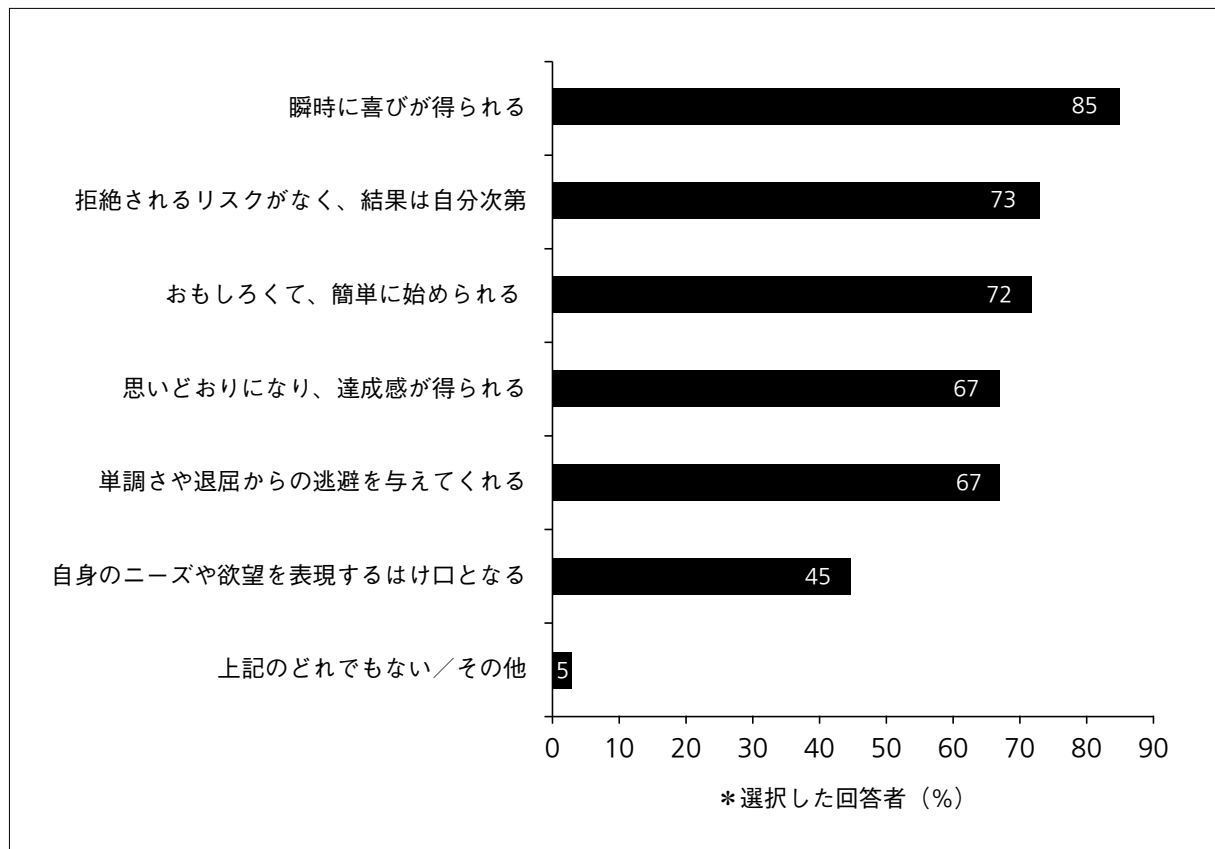


結果の注目点

以下のグループはすべて「自己表現できる創造的な場を提供する」を選択した。

- 12 歳以下の少年の 89%
- 13 ～ 17 歳の少年の 72%
- 18 ～ 25 歳の男性の 74%
- 26 歳～ 34 歳の男性の 68%

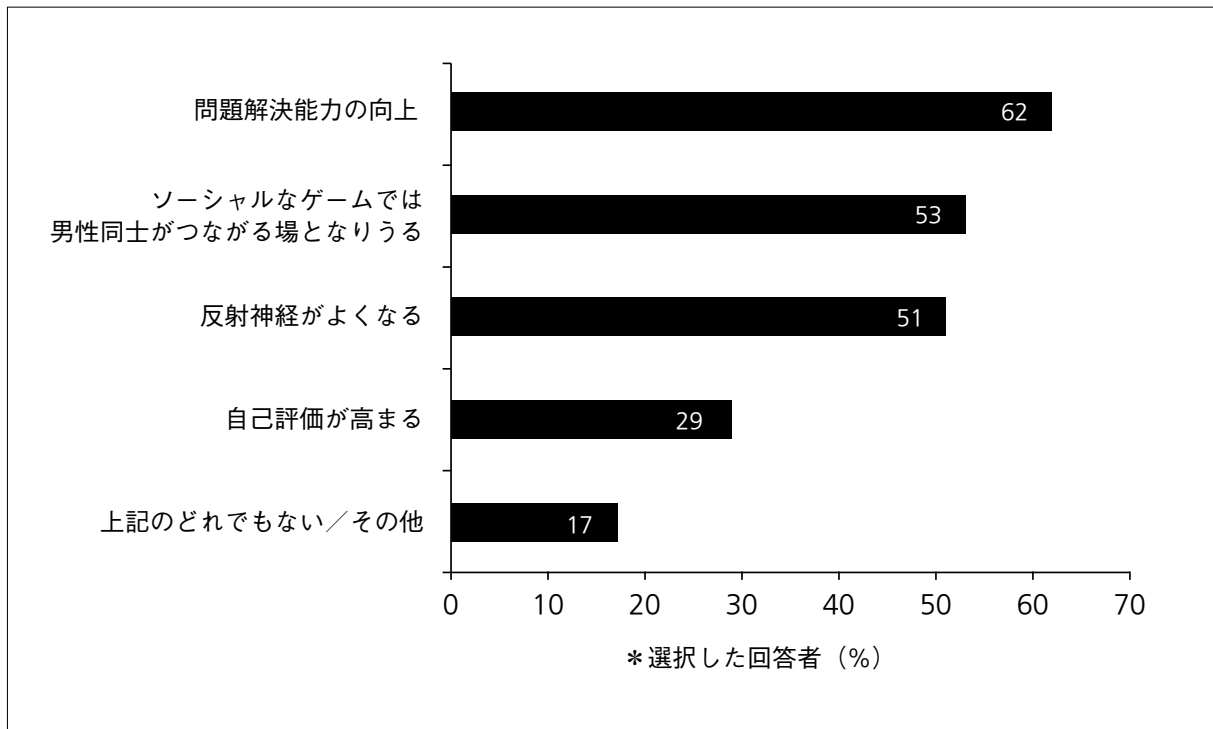
質問：ゲームやポルノが若い男性に人気が高い理由は何だと思いますか？



結果の注目点

- 12歳以下の少年の78%が「思いどおりになり、達成感が得られる」を選択
- 13～17歳の少年の84%が「おもしろくて、簡単に始められる」を選択
- 18～25歳の男性の85%と26～34歳の男性の84%が「瞬時に喜びが得られる」を選択

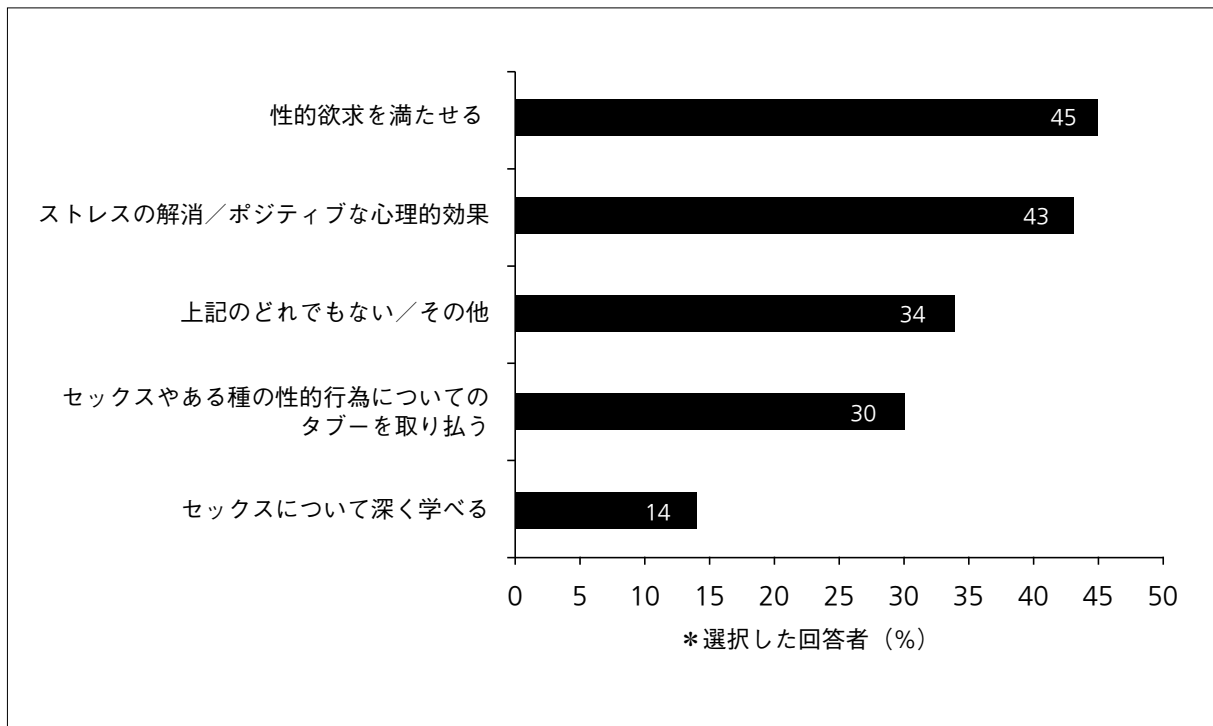
質問：若い男性にとってゲームのメリットは？



結果の注目点

- 13～17歳の少年の63%が「ソーシャルなゲームでは男性同士がつながる場となりうる」を選択
- 18～25歳の男性の67%と26～34歳の男性の69%が「問題解決能力の向上」を選択。

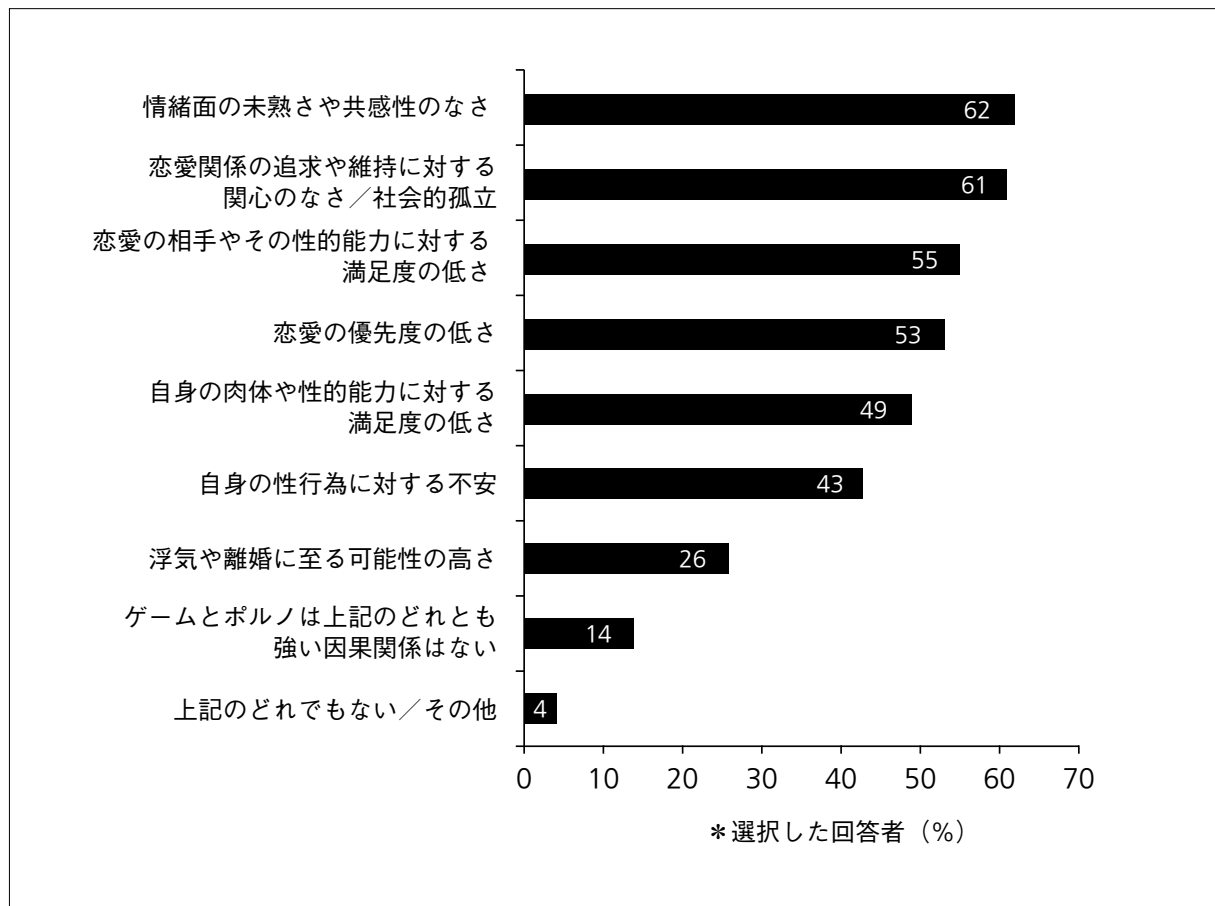
質問：若い男性にとってポルノのメリットは？



結果の注目点

- 13～17歳の少年の58%、18～25の男性の60%が「ストレスの解消／ポジティブな心理的効果」を選択
- 26～34歳の男性の51%が「性的欲求を満たせる」を選択
- 35歳以上の男女の回答者の51%がどの項目にも同意せず、「上記のどれでもない／その他」を選択。「ポルノには何のメリットもない」とコメント欄に書き込む回答者も多かった。

質問：ゲームとポルノの過剰使用（定義は「日に2時間以上」。これはのちに「ゲームを週に4時間以上、またはポルノを週に2時間以上」と変更された）と恋愛関係における次のような側面には強い因果関係があると思いますか？



結果の注目点

- 18～25歳の女性の76%と26～34歳の女性の78%が「情緒面の未熟さや共感性のなさ」を選択
- 13～17歳の少年の57%、18～25歳の男性の59%、26～34歳の男性の58%が「恋愛関係の追求や維持に対する関心のなさ／社会的孤立」を選択

別表2

ソーシャル・インテンシティ・ シンドローム(SIS)——その尺度と因子

フィルとセーラ・ブランスキルは SIS のさまざまな面の規模を測定するメソッドを開発し、アメリカ人兵士（活動中、現在は不活動、海外配置の経験あり、海外配置の経験なし）の調査に使用した。これにより、SIS により大きく影響を受ける六つの側面—軍隊仲間、家族、ジェンダー社交選好、社会との結合、ノスタルジア、ドラッグ使用——が明らかになった。これらについては、以下で統計結果とともに解説するが、まず解析のために使用する語彙の説明から始めよう。

固有値 (Eigenvalue) : 多変量解析において行列はしばしば対角化される。このプロセスにおいて、固有値は分散を統合するのに使用される。因子分析では、固有値は相関行列の分散を縮約するのに使われる。「最大固有値を有する因子が最大の分散を有し、解から通常は除外される小さいか、あるいは負の固有値を持つ因子へと減らされていく (Tabachnick and Fidell, 1996, p.646)。分析者の視点からは、通常固有値が 1.00 以上の場合にのみ、取り上げる価値のある変数と考えられてきた。

クロンバックの α (Cronback's (alpha)) : 内的一貫性に関する係数。評価尺度やテストサンプル対する信頼性推定のための手法としてよく用いられる。クロンバックのアルファは一般的にテスト項目数の増加として級内相関が増加する。従って、テストスコアの信頼性に関して内的一貫性の推定として認められている。

平均 : 算術平均 (arithmetic mean) あるいは平均 (average) は、中心値からの離散集合として参照される : 特に、値の総和を値の数で割ったものである。算術平均の集合 x_1, x_2, \dots, x_n は、 $M = \text{or } x$ と示されるのが通例である。

分散：分散とは平均値からの偏差の2乗として与えられる。数の集合がどの程度散らばっているのかを評価するものである。もし分散がゼロである場合、すべての値が同一である。分散は常に負でない：分散が小さいとは、データの値が平均のあたりにかなり接近し、したがって互いに近傍にあることを示す。一方、分散が大きいとは、データの値は平均から離れ、互いに散らばっていることを示す。等価な尺度として分散の平方根が用いられ、標準偏差と呼ばれる。標準偏差はデータと同じ次元にあるため、標準からの偏差を比較できる。

標準偏差 (SD)：平均からの差異または偏差に関する量の尺度。低い偏差とは平均値（期待値でもある）の近くに値が接近していること。高い偏差とは値が広い範囲に散らばっていることを示す。

因子負荷量：その調査で項目／質問に関していくつの特徴的グループとなるのかにより定義される。負荷量は各々の変数がその因子と「相関」している程度を表している。

ソーシャル・インテンシティ・シンドローム (SIS) — 因子

軍隊仲間：この16項目の因子は米軍で働いていた人たちの固い結合を表したものである。（固有値 =9.04; 分散の15.58%が説明される；M=3.32, SD=.95）

例：「他の友人よりもむしろ軍隊仲間といっしょにいたい」「軍隊仲間といるときが一番自分自身でいられる」「軍隊仲間（彼らが活動中かどうかにかわら）がいそうな場所で時間を過ごしがちだ」など。平均因子負荷量は .69 ($\alpha = .95$)。

家族：この11項目因子は、家族に対する彼らのネガティブな性向を反映している（固有値 =6.65; 分散の11.47%が説明される :M=2.23, SD=1.03）。

例：「恋人や妻といると気持ちが沈む」「家族といると退屈だと感じる」「恋人や妻よりも軍隊仲間のほうが信頼しやすい」など。平均因子負荷量は .69 ($\alpha = .92$)。

ジェンダー社交選好：この7項目因子は、社交的な集まりや同朋意識において本質的に女性より男性を選好する傾向を浮かび上がらせている（固有値 =5.12; 分散の8.82%が説明される :M=2.69, SD=1.10）。

例：「自分たち男と違い、女は楽しみ方を知らない」「女友達といると、男友達といるときほどは心地よくない」「グループに女性がいると、男性だけのときほどはおもしろくない」など。平均因子負荷量は .77 ($\alpha = .92$)。

社会的結合：この 11 項目因子は、社会的結合や他者とともにいることに対する一般的な必要性を反映している（固有値 =5.05; 分散の 8.71%が説明される :M=2.68, SD=.81）。

例：「誰かといっしょにいたいと頻繁に感じる」「友達といっしょにいることに対する必要性を強烈に感じる」「一人の友人と過ごすよりはグループでたむろしていたい」など。平均因子負荷量は .66 ($\alpha = .87$)。

ノスタルジア：この 9 項目因子は、勤務していたときの好ましい記憶と回想をテーマとしている（固有値 =4.96; 分散の 8.55%が説明される :M=3.63, SD=1.01）。

例：「再配置や再登録を求めようかと考えることがよくあった」「軍隊仲間については悪い思い出より良い思い出の方が多い」「軍に所属していたときの刺激が懐かしくて、再配置／再登録をしたくなかった」など。平均因子負荷量は .69 ($\alpha = .89$)。

ドラッグの使用：この 4 項目因子は、気晴らしのための薬物使用に焦点を当てている（固有値 =3.11; 分散の 5.36%が説明される :M=1.34, SD=0.79）。

例：「違法ドラッグ（マリファナ、コカイン、クラック、スピードなど）を楽しんでいる」「しばしばハイになる」など。平均因子負荷量は .85 ($\alpha = .88$)。

Notes

はじめに

- 1 Fry, R. (2013, October 18), *Millennials Still Lag in Forming their own Households*. Retrieved May 9, 2014, from Pew Research Center: <http://www.pewresearch.org/fact-tank/2013/10/18/millennials-still-lag-in-forming-their-own-households/>.
- 2 Fry, R. (2013, August 1), *A Rising Share of Young Adults Live in Their Parents' Home*. Retrieved May 9, 2014, from Pew Research Center: <http://www.pewsocialtrends.org/2013/08/01/a-rising-share-of-young-adults-live-in-their-parents-home/>.
- 3 Miller, C.C. (2014, November 7), 'Paternity Leave: The Rewards and the Remaining Stigma'. Retrieved November 7, 2014, from the *New York Times*: <http://www.nytimes.com/2014/11/09/upshot/paternity-leave-the-rewards-and-the-remaining-stigma.html>.
- 4 Budnikov, M., personal communication, May 28, 2012 and June 19, 2012.
- 5 Robinson, M., personal communication, November 13, 2014; and Wilson, G. (2014), *Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction*. Kent, England: Commonwealth Publishing.
- 6 Liew, J. (2009, December 2), 'All Men Watch Porn, Scientists Find'. Retrieved October 10, 2014, from the *Telegraph*: <http://www.telegraph.co.uk/women/sex/6709646/All-men-watch-porn-scientists-find.html>.
- 7 Abel, I. (2013, January 12), 'Did Porn Warp me Forever?' Retrieved June 24, 2014, from Salon: http://www.salon.com/2013/01/13/did_porn_warp_me_forever/; and Sanghani, R. (2013, September 30), 'Teenage Boys Addicted to "Extreme" Porn and Want Help'. Retrieved June 24, 2014, from the *Telegraph*: <http://www.telegraph.co.uk/women/sex/better-sex-education/10339424/Teenage-boys-addicted-to-extreme-porn-and-want-help.html>.
- 8 Ogas, O. and Gaddam, S. (2011), *A Billion Wicked Thoughts: What the World's Largest Experiment Reveals About Human Desire* (pp. 14, 19, 23–34). New York, NY: Penguin Group (USA), Inc. (O・オーガス、S・ガダム『性欲の科学』CCCメディアハウス)
- 9 同前書 (pp. 74, 123–6).
- 10 Hebert, E. (n.d.), 'Busy NYC Restaurant Solves Major Mystery by Reviewing Old Surveillance'. Retrieved July 22, 2014, from DineAbility: <http://dineability.com/busy-nyc-restaurant-solves-major-mystery-reviewing-old-surveillance/>.
- 11 Thompson, C. (2007, September 25), 'Your Outboard Brain Knows All'. Retrieved May 9, 2014, from *Wired*: http://archive.wired.com/techbiz/people/magazine/15-10/st_thompson.

- 12 American Academy of Pediatrics (2013), ‘Children, Adolescents, and the Media’, *Pediatrics*, 132(5) (pp. 958–9). Retrieved June 7, 2014, from <http://pediatrics.aappublications.org/content/early/2013/10/24/peds.2013-2656.full.pdf+html>.
- 13 Turkle, S. (2012, February), ‘Connected, but Alone?’ Retrieved April 21, 2014, from TED: http://www.ted.com/talks/sherry_turkle_alone_together.

Part I 症状

| 1 | 教育に幻滅

- 1 Brooks, D. (2007, October 26), ‘The Outsourced Brain’. Retrieved May 17, 2014, from the *New York Times*: <http://www.nytimes.com/2007/10/26/opinion/26brooks.html>.
- 2 Turk, G. (2014, April 25), ‘Look Up’. Retrieved May 7, 2014, from YouTube: <https://www.youtube.com/watch?v=Z7dLU6fk9QY>.
- 3 Carr, N.G. (2010), *The Shallows: What the Internet Is Doing to Our Brains* (p. 162). New York: W.W. Norton. (N・G・カー『ネットバカ——インターネットが私たちの脳にしていること』青土社)
- 4 ‘The Personal News Cycle’ (2014, March). Retrieved June 5, 2014, from the Media Insight Project, American Press Institute: http://www.americanpressinstitute.org/wp-content/uploads/2014/03/The_Media_Insight_Project_The_Personal_News_Cycle_Final.pdf.
- 5 Voyer, D. (2014, April 9), ‘April 29, 2014 Girls Make Higher Grades than Boys in All School Subjects, Analysis Finds’. Retrieved July 22, 2014, from American Psychological Association: <http://www.apa.org/news/press/releases/2014/04/girls-grades.aspx>; also see Voyer, D. and Voyer, S.D. (2014), ‘Gender Differences in Scholastic Achievement: A Meta-Analysis’, *Psychological Bulletin*, 140(4). Retrieved July 22, 2014, from <http://www.apa.org/pubs/journals/releases/bul-a0036620.pdf>.
- 6 Cribb, R. (2011, November 25), ‘The Grim Evidence That Men Have Fallen Behind Women’. Retrieved November 26, 2011, from *Toronto Star*: http://www.thestar.com/life/2011/11/25/rob_cribb_the_grim_evidence_that_men_have_fallen_behind_women.html.
- 7 Salah-Din, D., Persky, H., and Miller, J. (2008), *The Nation’s Report Card: Writing 2007* (p. 68). Retrieved November 11, 2011, from National Center for Education Statistics, Institute of Education Sciences, US Department of Education (NCES 2008-468): <http://nces.ed.gov/nationsreportcard/pdf/main2007/2008468.pdf>; and Lee, J., Grigg, W., and Donahue, P. (2007), *The Nation’s Report Card: Reading 2007* (p. 64). Retrieved November 11, 2011, from National Center for Education Statistics, Institute of Education Sciences, US Department of Education (NCES 2007-496): <http://nces.ed.gov/nationsreportcard/>

pdf/main2007/2007496.pdf.

- 8 Strauss, V. (2011, September 14), 'What the Decline in SAT Scores Really Means'. Retrieved December 8, 2011, from the *Washington Post*: http://www.washingtonpost.com/blogs/answer-sheet/post/what-the-decline-in-sat-scores-really-means/2011/09/14/gIQAdUzdSK_blog.html; and Steinberg, K. (2011, September 14), '43% of 2011 College-Bound Seniors Met SAT College and Career Readiness Benchmark'. Retrieved December 8, 2011, from the College Board: http://media.collegeboard.com/pdf/cbs_2011_nat_release_091411.pdf.
- 9 Stern, P. (Director) (2006), *Raising Cain: Boys in Focus* [documentary]. United States: PBS Films.
- 10 *Equity and Quality in Education: Supporting Disadvantaged Students and Schools* (p. 22) (2012). Retrieved June 8, 2014, from Organisation for Economic Co-operation and Development: <http://www.oecd.org/education/school/50293148.pdf>.
- 11 *PISA 2009 at a Glance* (p. 22) (2010). Retrieved June 8, 2014, from Organisation for Economic Co-operation and Development: <http://www.oecd-ilibrary.org/docserver/download/9810131ec008.pdf?expires=1402278232&id=id&accname=guest&checksum=BDB231357DFDA0AEA929A60B339F737C>.
- 12 *United Kingdom* (n.d.). Retrieved September 23, 2014, from OECD Better Life Index: <http://www.oecdbetterlifeindex.org/countries/united-kingdom/>.
- 13 Sommers, C.H. (2013), *The War Against Boys: How Misguided Policies Are Harming Our Young Men* (p. 14). New York, NY: Simon & Schuster.
- 14 Planty, M., et al. (2007, June), *The Condition of Education 2007* (NCES 2007-064). Retrieved June 5, 2014, from National Center for Education Statistics, Institute of Education Sciences, US Department of Education: <http://nces.ed.gov/pubs2007/2007064.pdf>.
- 15 *Attention-Deficit / Hyperactivity Disorder (ADHD)* (n.d.). Retrieved June 8, 2014, from Division of Human Development, National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control and Prevention: <http://www.cdc.gov/ncbddd/adhd/data.html>.
- 16 Note: According to NCES, in the US between 2008 and 2009, boys were about 22 per cent more likely than girls to have dropped out of high school. Average percentage taken between these two sources (13 per cent and 30 per cent, respectively).
See: Chapman, C., Laird, J., and KewalRamani, A. (2010, December), *Trends in High School Dropout and Completion Rates in the United States: 1972–2008* (NCES 2011-012) (p. 24). Retrieved June 5, 2014, from National Center for Education Statistics, Institute of Education Sciences, US Department of Education: <http://nces.ed.gov/pubs2011/2011012.pdf>; and Chapman, C., Laird, N., Ifill, N., and KewalRamani, A.

(2011, October), *Trends in High School Dropout and Completion Rates in the United States: 1972–2009* (IES 2012-006) (p. 22). Retrieved June 5, 2014, from National Center for Education Statistics, Institute of Education Sciences, US Department of Education: <http://nces.ed.gov/pubs2012/2012006.pdf>.

Note: In Canada, five boys drop out for every three girls who do.

See: Richards, J. (2011, January 6), ‘School Dropouts: Who Are They and What Can Be Done?’ (p. 1). Retrieved December 26, 2011, from C.D. Howe Institute: http://www.cdhowe.org/pdf/ebrief_109.pdf.

- 17 Chapman, C., Laird, J., and KewalRamani, A. (2010, December), *Trends in High School Dropout and Completion Rates in the United States: 1972–2008* (NCES 2011-012) (p. 1). Retrieved June 5, 2014, from National Center for Education Statistics, Institute of Education Sciences, US Department of Education: <http://nces.ed.gov/pubs2011/2011012.pdf>.
- 18 *America’s Young Adults at 27: Labor Market Activity, Education, and Household Composition: Results From a Longitudinal Survey Summary* (2014, March 26). Retrieved May 7, 2014, from Bureau of Labor Statistics, US Department of Labor (USDL-14-0491): <http://www.bls.gov/news.release/nlsyth.nr0.htm>.
- 19 Hussar, W.J. and Bailey, T.M. (2013, January), *Projections of Education Statistics to 2021* (NCES 2013-008) (pp. 75–7). Retrieved May 9, 2014, from National Center for Education Statistics, Institute of Education Sciences, US Department of Education: <http://nces.ed.gov/pubs2013/2013008.pdf>.
- 20 Frenette, M. and Zeman, K. (2008, December 1), *Why Are Most University Students Women? Evidence Based on Academic Performance, Study Habits and Parental Influences*. Retrieved September 22, 2014, from Statistics Canada: <http://www.statcan.gc.ca/pub/81-004-x/2008001/article/10561-eng.htm>; and Maslen, G. (2013, November 25), ‘Degrees of Separation: More Women Enrolling at Universities’. Retrieved September 22, 2014, from the *Sydney Morning Herald*: <http://www.smh.com.au/national/education/degrees-of-separation-more-women-enrolling-at-universities-20131124-2y46e.html>.
- 21 Griffiths, S. (2013, August 18), ‘Girls Crowd the Campus as Boys Lose Taste for Uni’. Retrieved June 20, 2014, from the *Sunday Times*: http://www.thesundaytimes.co.uk/sto/news/uk_news/Education/article1302079.ece.
- 22 Kirkup, J. (2014, January 31), ‘Boys being Left Behind as University Gender Gap Widens’. Retrieved October 10, 2014, from the *Telegraph*: <http://www.telegraph.co.uk/education/educationnews/10608739/Boys-being-left-behind-as-university-gender-gap-widens.html>.
- 23 *Degrees Conferred by Sex and Race* (2012). Retrieved June 5, 2014, from National Center for Education Statistics, Institute of Education Sciences, US Department of Education:

<http://nces.ed.gov/fastfacts/display.asp?id=72>.

| 2 | 労働力からの脱落

- 1 Symonds, W.C., Schwartz, R.B., and Ferguson, R. (2011, February), 'Pathways to Prosperity: Meeting the Challenge of Preparing Young Americans for the 21st Century' (pp. 4–5). Retrieved May 30, 2014, from Report issued by the Pathways to Prosperity Project, Harvard Graduate School of Education: http://www.gse.harvard.edu/news_events/features/2011/Pathways_to_Prosperty_Feb2011.pdf.
- 2 *United Kingdom* (n.d.). Retrieved September 23, 2014, from OECD Better Life Index: <http://www.oecdbetterlifeindex.org/countries/united-kingdom/>.
- 3 *Labour Force Statistics by Sex and Age – Indicators* (n.d.). Retrieved May 12, 2014, from Organisation for Economic Co-operation and Development: <http://stats.oecd.org/>.
- 4 Coombes, A. (2009, July 16), 'Men Suffer Brunt of Job Losses in Recession'. Retrieved May 10, 2014, from the Wall Street Journal: <http://online.wsj.com/news/articles/SB10001424052970203577304574272570149153010>.
- 5 Hartmann, H., Shaw, E., and Pandya, E. (2013, November), *Women and Men in the Recovery: Where the Jobs Are* (p. 12). Retrieved November 17, 2014, from Institute for Women's Policy Research: www.iwpr.org.

| 3 | 度を越えた男らしさ ——ソーシャル・インテンシティ・シンドローム (SIS)

- 1 Carducci, B., personal communication, December 4, 2014.
- 2 Ibid.
- 3 Loewe, F. and Lerner, A.J., 'A Hymn to Him' [*originally released in 1956 by Sony BMG Music Entertainment*] (n.d.). Retrieved February 21, 2012, from ST Lyrics: <http://www.stlyrics.com/lyrics/myfairlady/ahymntohim.htm>.
- 4 'Pornhub Traffic Change During Super Bowl XLVIII' (2014, February 4). Retrieved May 12, 2014, from PornHub: <http://www.pornhub.com/insights/pornhub-super-bowl/>.
- 5 'Frequently Asked Questions' (n.d.). Retrieved May 12, 2014, from BroApp: <http://broapp.net/faq.html>.
- 6 Martin, A. (2011, January 14), 'Young Men, Couples Shunning Sex'. Retrieved January 14, 2011, from the *Japan Times*: <http://www.japantimes.co.jp/news/2011/01/14/national/young-men-couples-shunning-sex/#.U27MwV6JUwI>.

| 4 | ゲームのしすぎ——自室で宇宙を制覇

- 1 *The U.S. Digital Consumer Report* (2014, February 10). Retrieved April 28, 2014, from Nielsen: <http://www.nielsen.com/us/en/reports/2014/the-us-digital-consumer-report.html>.

- 2 McGonigal, J. (2011), *Reality Is Broken: Why Games Make Us Better and How They Can Change The World* (Inside cover, pp. 4, 6). New York, NY: Penguin Press. (ジエイン・マクゴニガル『幸せな未来は「ゲーム」が創る』早川書房)
- 3 Note: This calculation is based on the average university requirement of 120 credit hours, with each credit hour involving 2.5 hours of homework and class time. Take an average of 15 hours of actual class time and 22.5 hours of homework outside class each week – 37.5 hours – multiplied by 16 weeks per semester, multiplied by 8 semesters, and you’ve got 4,800 hours. See also the table ‘Time Bandit’ in Chapter 19.
- 4 Gentile, D.A. (2004), ‘The Effects of Violent Video Game Habits on Adolescent Hostility, Aggressive Behaviours, and School Performance’, *Journal of Adolescence*, 27, 6.
- 5 Albanesius, C. (2010, December 27), ‘“Call of Duty: Black Ops” Gamers Log 600M Hours of Play Time’. Retrieved June 20, 2014, from *PC Mag*: <http://www.pcmag.com/article2/0,2817,2374762,00.asp>.
- 6 Thier, D. (2013, September 18), ‘“GTA 5” Sells \$800 Million in One Day’. Retrieved April 20, 2014, from *Forbes*: <http://www.forbes.com/sites/davidthier/2013/09/18/gta-5-sells-800-million-in-one-day/>.
- 7 Erik, K. (2013, September 20), ‘“Grand Theft Auto V” Crosses \$1B in Sales, Biggest Entertainment Launch in History’. Retrieved April 20, 2014, from *Forbes*: <http://www.forbes.com/sites/erikkain/2013/09/20/grand-theft-auto-v-crosses-1b-in-sales-biggest-entertainment-launch-in-history/>.
- 8 Nayak, M. (2013, June 10), ‘FACTBOX – A Look at the \$66 billion Video-games Industry’. Retrieved April 29, 2014, from Reuters: <http://in.reuters.com/article/2013/06/10/gameshow-e-idINDEE9590DW20130610>.
- 9 *Education Department Budget History Table* (2013, October 30). Retrieved May 17, 2014, from US Department of Education: <https://www2.ed.gov/about/overview/budget/history/edhistory.pdf>.
- 10 *BookStats Overall Highlights* (n.d.). Retrieved November 11, 2011, from Association of American Publishers: <http://www.publishers.org/bookstats/highlights/>.
- 11 *Total Circ: Consumer Magazines* (n.d.). Retrieved April 30, 2014, from Alliance for Audited Media: <http://abcas3.auditedmedia.com/ecirc/magtitlesearch.asp>.
- 12 Retrieved November 17, 2014, from Alexa: <http://www.alexa.com>.
- 13 Kent, S. (2001), *The Ultimate History of Video Games: The Story behind the Craze that Touched our Lives and Changed the World* (p. 152). Roseville, CA: Prima Publishing/Random House.
- 14 Bai, M. (2013, December 31), ‘Master of His Virtual Domain’. Retrieved June 25, 2014, from the *New York Times*: <http://www.nytimes.com/2013/12/22/technology/master-of-his-virtual-domain.html?pagewanted=1&ref=video-games>.

- 15 *Free to Play: The Movie* (2014). Retrieved June 30, 2014, from YouTube: <https://www.youtube.com/watch?v=UjZYMI1zB9s>.
- 16 Davis, N. (2014, July/August), 'Game Changers', *Playboy: Entertainment For Men*, 61(6), 18.
- 17 American Academy of Pediatrics (2013), 'Children, Adolescents, and the Media', *Pediatrics*, 132(5) (p. 959). Retrieved June 7, 2014, from <http://pediatrics.aappublications.org/content/early/2013/10/24/peds.2013-2656.full.pdf+html>.
- 18 *Children and Parents: Media Use and Attitudes Report* (2014, October) (p. 9). Retrieved November 17, 2014, from Ofcom: http://stakeholders.ofcom.org.uk/binaries/research/media-literacy/media-use-attitudes-14/Childrens_2014_Report.pdf.
- 19 *Sleep and Teens* (n.d.). Retrieved June 17, 2014, from UCLA Sleep Disorders Center, University of California, Los Angeles: <http://sleepcenter.ucla.edu/body.cfm?id=63>.
- 20 National Sleep Foundation, *2014 Sleep In America Poll Finds Children Sleep Better When Parents Establish Rules, Limit Technology and Set a Good Example* (2014, March 3). Retrieved June 17, 2014, from National Sleep Foundation: <http://sleepfoundation.org/media-center/press-release/national-sleep-foundation-2014-sleep-america-poll-finds-children-sleep>.
- 21 *Sleep and Teens* (n.d.). Retrieved June 17, 2014, from UCLA Sleep Disorders Center, University of California, Los Angeles: <http://sleepcenter.ucla.edu/body.cfm?id=63>.
- 22 National Sleep Foundation, *2014 Sleep In America Poll Finds Children Sleep Better When Parents Establish Rules, Limit Technology and Set a Good Example* (2014, March 3). Retrieved June 17, 2014, from National Sleep Foundation: <http://sleepfoundation.org/media-center/press-release/national-sleep-foundation-2014-sleep-america-poll-finds-children-sleep>.
- 23 *Children and Parents: Media Use and Attitudes Report* (2014, October) (p. 5). Retrieved November 17, 2014, from Ofcom: http://stakeholders.ofcom.org.uk/binaries/research/media-literacy/media-use-attitudes-14/Childrens_2014_Report.pdf.
- 24 Paton, G. (2014, April 15), 'Infants "unable to use toy building blocks" due to iPad addiction'. Retrieved April 15, 2014, from the *Telegraph*: <http://www.telegraph.co.uk/education/educationnews/10767878/Infants-unable-to-use-toy-building-blocks-due-to-iPad-addiction.html>.
- 25 Ahlstrom, M., Lundberg, N.R., Zabriskie, R., Eggett, D., and Lindsay, G.B. (2012), 'Me, My Spouse, and My Avatar: The Relationship between Marital Satisfaction and Playing Massively Multiplayer Online Role-Playing Games (MMORPGs)', *Journal of Leisure Research*, 44(1). Retrieved June 20, 2014, from <http://js.sagamorepub.com/jlr/article/view/2507>.
- 26 (1982, September 10), 'Marriage Vows May Conquer Space Invaders', Reuters, *San*

Francisco Chronicle.

- 27 Liu, M. (2008, October 19), ‘Former “Game Widow” Shares her Heartache and How she got her Husband Back’. Retrieved May 11, 2014, from the *Seattle Times*: http://seattletimes.com/html/living/2008275940_gamewidow19.html; also see the site www.gamewidow.com.

| 5 | 超肥満

- 1 *Overweight and Obesity Rates for Adults by Gender, 2010* (n.d.). Retrieved April 29, 2014, from Henry J. Kaiser Family Foundation: <http://kff.org/other/state-indicator/adult-overweightobesity-rate-by-gender/>.
- 2 Ogden, C.L., Lamb, M.M., Carroll, M.D., and Flegal, K.M. (2010, December), *Obesity and Socioeconomic Status in Adults: Unites States, 2005–2008* (p. 1). Retrieved June 5, 2014, from National Center for Health Statistics, Centers for Disease Control and Prevention, US Department of Health and Human Services: <http://www.cdc.gov/nchs/data/databriefs/db50.pdf>.
- 3 *Adult Risk Factors: Obesity, Blood Sugar, Blood Pressure Data by Country* (2013). Retrieved May 30, 2014, from World Health Organization: <http://apps.who.int/gho/data/node.main.NCD56?lang=en>.
- 4 Painter, K. (2014, May 28), ‘The Whole World has a Weight Problem, New Report Says’. Retrieved May 29, 2014, from *USA Today*: <http://www.usatoday.com/story/news/nation/2014/05/28/world-obesity-report/9675267/>.
- 5 Christeson, W., et al. (2012), *Still Too Fat to Fight*. Retrieved May 16, 2014, from Mission: Readiness: <http://missionreadiness.s3.amazonaws.com/wp-content/uploads/Still-Too-Fat-To-Fight-Report.pdf>.
- 6 Christeson, W., et al. (2010), *Too Fat to Fight*. Retrieved May 16, 2014, from Mission: Readiness: http://www.missionreadiness.org/wp-content/uploads/MR_Too_Fat_to_Fight-11.pdf.
- 7 Campbell, D. (2014, April 24), ‘Jamie Oliver Calls for Crackdown on Junk Food being Sold Near Schools’. Retrieved October 10, 2014, from the *Guardian*: <http://www.theguardian.com/lifeandstyle/2014/apr/25/jamie-oliver-crackdown-junk-food-schools>.
- 8 *School Land: Decisions about Disposals* (2014, October 31). Retrieved November 17, 2014, from Gov.uk: <https://www.gov.uk/government/publications/school-land-decisions-about-disposals>.
- 9 Christeson, W., et al. (2010), *Too Fat to Fight*. Retrieved May 15, 2014, from Mission: Readiness: http://www.missionreadiness.org/wp-content/uploads/MR_Too_Fat_to_Fight-11.pdf.
- 10 Crawford, P.B. (2007), ‘Key Partners Working Together to Stem Obesity Epidemic’,

- California Agriculture*, 61(3). Retrieved May 16, 2014, from <http://ucce.ucdavis.edu/files/repository/calag/fullissues/CAv061n03.pdf>.
- 11 Ogden, C.L. (n.d.), *Childhood Obesity in the United States: The Magnitude of the Problem*. Retrieved May 16, 2014, from Division of Health and Nutrition Examination Surveys, National Center for Health Statistics, Centers for Disease Control and Prevention: <http://www.cdc.gov/cdcgrandrounds/pdf/gr-062010.pdf>.
 - 12 McMichael, W.H. (2009, November 3), ‘Most U.S. Youths Unfit to Serve, Data Show’. Retrieved May 15, 2014, from *Army Times*: <http://www.armytimes.com/article/20091103/NEWS/911030311/Most-U-S-youths-unfit-serve-data-show>.
 - 13 Ibid.
 - 14 Ogas, O. and Gaddam, S. (2011), *A Billion Wicked Thoughts: What the World’s Largest Experiment Reveals About Human Desire* (p. 198). New York, NY: Penguin Group (USA), Inc. (O・オーガス、S・ガダム『性欲の科学』CCCメディアハウス)
 - 15 Golokhov, D. (n.d.), ‘Weight Loss and Sex’. Retrieved December 31, 2011, from AskMen: http://www.askmen.com/daily/sex_tips_400/421_lose-weight-for-better-sex.html; and University of Buffalo study described in ‘Male Obesity Linked to Low Testosterone Levels, Study Shows’ (2010, May 5). Retrieved February 21, 2012, from *ScienceDaily*: <http://www.sciencedaily.com/releases/2010/05/100503135659.htm>.
 - 16 Tremblay, L. (2011, March 28), ‘High Oestrogen Signs and Symptoms in Men’. Retrieved January 10, 2012, from *Livestrong*: <http://www.livestrong.com/article/127328-high-oestrogen-symptoms-men/>.
 - 17 Fulton, A. (2010, May 4), ‘Some Teens Who Sleep Less Gain More Weight’. Retrieved January 10, 2012, from National Public Radio: http://www.npr.org/blogs/health/2010/05/some_teens_who_sleep_less_gain.html?ps=rs.
 - 18 Ogden, C.L. (n.d.), *Childhood Obesity in the United States: The Magnitude of the Problem*. Retrieved May 16, 2014, from Division of Health and Nutrition Examination Surveys, National Center for Health Statistics, Centers for Disease Control and Prevention: <http://www.cdc.gov/cdcgrandrounds/pdf/gr-062010.pdf>.
 - 19 *Why People Become Overweight* (n.d.). Retrieved January 10, 2012, from Harvard Medical School: <http://www.health.harvard.edu/newsweek/Why-people-become-overweight.htm>.
 - 20 Bellows, L. and Moore, R. (2013, March), *Childhood Overweight*. Retrieved June 27, 2014, from Colorado State University: <http://www.ext.colostate.edu/pubs/foodnut/09317.html>.

| 6 | ポルノの見すぎ——オンデマンドのオーガズム

- 1 Stein, J. (2014, May), ‘The Great Porn Hunt’, *Playboy: Entertainment For Men*, 61(4), 34.

- 2 Rumbelow, H. (2014, November 17), ‘The Boys Want to Know – “What can I Get Away With?” ’, *The Times*, p. 3.
- 3 Ogas, O. and Gaddam, S. (2011), *A Billion Wicked Thoughts: What the World’s Largest Experiment Reveals About Human Desire* (pp. 6–7). New York, NY: Penguin Group (USA), Inc. (O・オーガス、S・ガダム 『性欲の科学』 CCC メディアハウス) Also see: Morley-Souter, P. (2007, June 25). ‘Rule 34: There is Porn of It. No Exceptions’, *Blogspot*: <http://rule34.blogspot.com/2007/06/first-post.html>.
- 4 Mazlères, A., Trachman, M., Cointet, J., Coulmont, B., and Prieur, C. (2014, March 21), ‘Deep Tags: Toward a Quantitative Analysis of Online Pornography’, *Porn Studies*, 1(1–2). Retrieved June 27, 2014, from <http://www.tandfonline.com/doi/abs/10.1080/23268743.2014.888214?journalCode=rprn20#.U64XnF5tswI>.
- 5 Ogas, O. and Gaddam, S. (2011), *A Billion Wicked Thoughts: What the World’s Largest Experiment Reveals About Human Desire* (p. 8). New York, NY: Penguin Group (USA), Inc. (O・オーガス、S・ガダム 『性欲の科学』 CCC メディアハウス)
- 6 Ropelato, J. (n.d.), *Internet Pornography Statistics*. Retrieved November 17, 2011, from Top Ten Reviews, TechMediaNetwork: <http://internet-filter-review.toptenreviews.com/internet-pornography-statistics.html>.
- 7 *PornHub 2013 Year in Review* (2013, December 17). Retrieved June 25, 2014, from PornHub Insights: <http://www.pornhub.com/insights/pornhub-2013-year-in-review/>.
- 8 Ropelato, J. (n.d.), *Internet Pornography Statistics*. Retrieved November 17, 2011, from Top Ten Reviews, TechMediaNetwork: <http://internet-filter-review.toptenreviews.com/internet-pornography-statistics.html>.
- 9 ‘Introducing the Future of Pornography Viewing: PornIQ’ (2013, October 5). Retrieved June 25, 2014, from PornHub Insights: <http://www.pornhub.com/insights/introducing-the-future-of-pornography-viewing-porniq/>.
- 10 *Children and Parents: Media Use and Attitudes Report* (2014, October) (p. 232). Retrieved November 17, 2014, from Ofcom: http://stakeholders.ofcom.org.uk/binaries/research/media-literacy/media-use-attitudes-14/Childrens_2014_Report.pdf.
- 11 Betkowski, B. (2007, March 2), *Study Finds Teen Boys Most Likely to Access Pornography*. Retrieved June 16, 2014, from University of Alberta: <http://www.ualberta.ca/~publicas/folio/44/13/09.html>.
- 12 *Daily Mail Reporter* (2011, April 22), ‘Young Men Watch TWO HOURS of Porn Online Each Week ... and One in Three have Missed a Deadline Because of It’. Retrieved June 16, 2014, from *Daily Mail*: <http://www.dailymail.co.uk/news/article-1379464/Porn-Young-men-watch-2-HOURS-week-missed-deadline-it.html>.
- 13 Beyens, I., Vandenbosch, L., and Eggermont, S. (2015), ‘Early Adolescent Boys’ Exposure to Internet Pornography: Relationships to Pubertal Timing, Sensation

- Seeking, and Academic Performance’, *Journal of Early Adolescence* (in-press). Retrieved September 29, 2014, from <https://lirias.kuleuven.be/handle/123456789/458526>.
- 14 Marshall, P. (2010, March 8), ‘Teenage Boys Watching Hours of Internet Pornography Every Week Are Treating Their Girlfriends Like Sex Objects’. Retrieved November 22, 2011, from *Daily Mail*: <http://www.dailymail.co.uk/news/article-1255856/Teenage-boys-watching-hours-internet-pornography-week-treating-girlfriends-like-sex-objects.html>.
 - 15 Trost, M. (2009, December 2), ‘Cindy Gallop: Make Love Not Porn’. Retrieved February 18, 2015, from TEDblog: http://blog.ted.com/2009/12/02/cindy-gallop_ma/.
 - 16 Sanghani, R. (2013, September 30), ‘Teenage Boys Addicted to “Extreme” Porn and Want Help’. Retrieved June 24, 2014, from the *Telegraph*: <http://www.telegraph.co.uk/women/sex/better-sex-education/10339424/Teenage-boys-addicted-to-extreme-porn-and-want-help.html>.
 - 17 *500 Online Interviews amongst UK Adults aged 18* (2014, June). Retrieved October 8, 2014, from Institute for Public Policy Research: <http://www.ippr.org/assets/media/publications/attachments/OP4391-IPPR-Data-Tables.pdf>.
 - 18 ‘Burnet Studies Shed Light on Sexual Behaviour of Teenagers’ (2014, October 9). Retrieved October 9, 2014, from Burnet Institute: http://www.burnet.edu.au/news/435_burnet_studies_shed_light_on_sexual_behaviour_of_teenagers.
 - 19 Saletan, W. (n.d.), ‘The Ass Man Cometh’. Retrieved October 8, 2014, from Slate: http://www.slate.com/articles/health_and_science/human_nature/2010/10/the_ass_man_cometh.html; also see Reece, M., et al. (2010). Special Issue: Findings from the National Survey of Sexual Health and Behaviour (NSSHB), Center for Sexual Health Promotion, Indiana University. *The Journal of Sexual Medicine*, 7(s5). <http://onlinelibrary.wiley.com/doi/10.1111/jsm.2010.7.issue-s5/issuetoc>.
 - 20 James, S.D. (2008, December 10), ‘Study Reports Anal Sex on Rise Among Teens’. Retrieved October 8, 2014, from ABC News: <http://abcnews.go.com/Health/story?id=6428003>.
 - 21 Cates, J.R., Herndon, N.L., Schulz, S.L., and Darroch, J.E. (2004, February), *Our Lives, Our Futures: Youth and Sexually Transmitted Diseases* (p. 1). Retrieved July 22, 2014, from School of Journalism and Mass Communication, University of North Carolina at Chapel Hill: <http://joancates.web.unc.edu/files/2010/11/Our-Voices-Our-Lives-Our-Futures-Youth-and-Sexually-Transmitted-Diseases.pdf>.

| 7 | 薬物療法や違法ドラッグに頼りすぎ

- 1 Sax, L. (2009), *Boys Adrift: The Five Factors Driving the Growing Epidemic of Unmotivated Boys and Underachieving Young Men* (p. 88). New York, NY: Basic Books.
- 2 Ibid. (pp. 89–91).

- 3 Stern, P. (Director) (2006), *Raising Cain: Boys in Focus* [documentary]. United States: PBS Films.
 Note: Since 2010 in the US, the Affordable Care Act (ACA) has allowed under-26-year-olds to remain on their parents' health insurance. The following year, 19- to 25-year-olds were the only age group whose number of prescriptions increased. ADHD medications were 28 per cent of all the newly prescribed medications for the group, followed by antidepressants, which made up 16 per cent of new medications.
 See: *The Use of Medicines in the United States: Review of 2011* (2012, April) (pp. 11–12, 29). Retrieved May 30, 2014, from IMS Institute for Healthcare Informatics: http://www.imshealth.com/ims/Global/Content/Insights/IMS%20Institute%20for%20Healthcare%20Informatics/IHII_Medicines_in_U.S_Report_2011.pdf.
- 4 Meserve, J. and Ahlers, M.M. (2009, May 14), 'Marijuana Potency Surpasses 10 per cent, U.S. Says'. Retrieved November 22, 2011, from CNN: http://articles.cnn.com/2009-05-14/health/marijuana.potency_1_average-thc-potent-marijuana-marijuana-users?_s=PM:HEALTH.
- 5 Sterling, T. (2011, October 8), 'Dutch Classify High-Potency Marijuana as Hard Drug'. Retrieved November 22, 2011, from SF Gate: <http://www.sfgate.com/cgi-bin/article.cgi?f=/c/a/2011/10/07/MNQO1LES53.DTL>.
- 6 Ramaekers J.G., et al. (2006), 'High-Potency Marijuana Impairs Executive Function and Inhibitory Motor Control', *Neuropsychopharmacology*, 10, 2296–303.
- 7 Zimbardo, P.G. and Boyd, J. (2009), *The Time Paradox: The New Psychology of Time That Will Change Your Life*. New York, NY: Atria Books. (P・G・ジンバルドー、J・ボイド『迷いの晴れる時間術』ポプラ社)

Part II

| 8 | 船頭のいない家族——父親不在

- 1 Table 8. *Average Class Size for Public School Teachers in Elementary Schools, Secondary Schools, and Schools with Combined Grades, by Classroom Type and State: 2007–08* (n.d.). Retrieved June 30, 2014, from US Department of Education, National Center for Education Statistics, Schools and Staffing Survey (SASS): http://nces.ed.gov/surveys/sass/tables/sass0708_2009324_t1s_08.asp.
- 2 Salcedo, A., Schoellman, T., and Tertilt, M. (2009, October), *Families as Roommates: Changes in U.S. Household Size from 1850 to 2000*. Retrieved February 21, 2012, from Stanford Institute for Economic Policy Research: <http://www.stanford.edu/group/siepr/cgi-bin/siepr/?q=system/files/shared/pubs/papers/pdf/09-01.pdf>.
- 3 O'Grady, S. (2013, March 8), 'Rise of the Single-parent Family'. Retrieved October

- 10, 2014, from *Express*: <http://www.express.co.uk/news/uk/382706/Rise-of-the-single-parent-family>.
- 4 Szalavitz, M. and Perry, B.D. (2010), *Born for Love: Why Empathy Is Essential – and Endangered* (p. 16). New York, NY: HarperCollins. (M・サラヴィッツ、B・D・ペリー『子どもの共感力を育てる』紀伊國屋書店)
- 5 Martin, J.A., Hamilton, B.E., Osterman, M.J., Curtin, S.C., and Mathews, T.J. (2013, December 30), *Births: Final Data for 2012*. Retrieved May 19, 2014, from National Vital Statistics Reports, Centers for Disease Control and Prevention: http://www.cdc.gov/nchs/data/nvsr/nvsr62/nvsr62_09.pdf#table02.
- 6 Note: US birth rates by race for women under 30 – Blacks: 73 per cent; Hispanics: 53 per cent; Whites: 29 per cent.
See: DeParle, J. and Tavernise, S. (2012, February 17), ‘For Women Under 30, Most Births Occur Outside Marriage’. Retrieved February 21, 2012, from the *New York Times*: <http://www.nytimes.com/2012/02/18/us/for-women-under-30-most-births-occur-outside-marriage.html>.
- 7 Cribb, R. (2011, November 25), ‘The Grim Evidence That Men Have Fallen Behind Women’. Retrieved November 26, 2011, from *Toronto Star*: http://www.thestar.com/life/2011/11/25/rob_cribb_the_grim_evidence_that_men_have_fallen_behind_women.html.
- 8 *Families and Households*, 2013 (2013, October 31) (p. 4). Retrieved October 10, 2014, from Office for National Statistics: http://www.ons.gov.uk/ons/dcp171778_332633.pdf.
- 9 O’Grady, S. (2013, March 8), ‘Rise of the Single-parent Family’. Retrieved October 10, 2014, from *Express*: <http://www.express.co.uk/news/uk/382706/Rise-of-the-single-parent-family>.
- 10 Lawlor, J. (1987, August 17), ‘The Time Crunch; Poll: We Zoom through Life in Fast Forward’, *USA Today*, p. 1A.
- 11 Saad, L. (2013, December 26), *Most U.S. Families Still Routinely Dine Together at Home*. Retrieved July 26, 2014, from Gallup: <http://www.gallup.com/poll/166628/families-routinely-dine-together-home.aspx>.

あてにならないロールモデル、傷ついた信頼

- 12 *The Importance of Family Dinners VII* (Figure 1.A., 2.A.) (2011, September). Retrieved November 22, 2011, from the National Center on Addiction and Substance Abuse at Columbia University: <http://www.casacolumbia.org/upload/2011/2011922familydinnersVII.pdf>.
- 13 Shteynberg, C. (2009, June 16), ‘How Many Stamps Does it Take to Mail a Baby?’. Retrieved May 11, 2014, from Smithsonian Institution Archives: <http://siarchives.si.edu/>

blog/how-many-stamps-does-it-take-mail-baby.

- 14 Retrieved June 9, 2014, from NannyCam: <http://www.nannycam.com/>.
- 15 For 1960, Larsen, C.A. (2013), *The Rise and Fall of Social Cohesion: The Construction and De-construction of Social Trust in the US, UK, Sweden and Denmark* (p. 12). United Kingdom: Oxford University Press; and for 2009, Hampton, K., Goulet, L.S., Rainie, L., and Purcell, K. (2011, June 16), *Part 4: Trust, Support, Perspective Taking, and Democratic Engagement*. Retrieved October 10, 2014, from Pew Research Center: <http://www.pewinternet.org/2011/06/16/part-4-trust-support-perspective-taking-and-democratic-engagement/>.
- 16 *Millennials in Adulthood* (2014, March 7). Retrieved October 10, 2014, from Pew Research Center: <http://www.pewsocialtrends.org/2014/03/07/millennials-in-adulthood/>.
- 17 Larsen, C.A. (2013), *The Rise and Fall of Social Cohesion: The Construction and De-construction of Social Trust in the US, UK, Sweden and Denmark* (p. 12). United Kingdom: Oxford University Press.
- 18 Putnam, R.D. (2001), *Bowling Alone: The Collapse and Revival of American Community* (p. 138). New York, NY: Touchstone Books. (ロバート・D・パットナム『孤独なボウリング——米国コミュニティの崩壊と再生』柏書房)
- 19 Gottman, J.M. and Silver, N. (2000), *The Seven Principles for Making Marriage Work: A Practical Guide from the Country's Foremost Relationship Expert* (pp. 5–6). New York, NY: Harmony.
- 20 'Divorce Rates' (1999, October 8). Retrieved May 7, 2014, from University of Maryland: <http://www.vanneman.umd.edu/socy441/trends/divorce.html>.
- 21 Gottman, J.M. and Silver, N. (2000). *The Seven Principles for Making Marriage Work: A Practical Guide from the Country's Foremost Relationship Expert* (p. 4). New York, NY: Harmony.
- 22 Chapman, J. (2011, April 18), *The Collapse of Family Life: Half of Children See Parents Split by 16 as Births outside Marriage Hit Highest Level for Two Centuries*. Retrieved May 7, 2014, from *Daily Mail*: <http://www.dailymail.co.uk/news/article-1377940/Half-parents-split-16-births-outside-marriage-hit-highest-level-200-years.html#ixzz1wOdPJZTo>.
- 23 FlorCruz, M. (2013, February 27), 'China's Divorce Rate Rises for Seventh Consecutive Year'. Retrieved May 9, 2014, from *International Business Times*: <http://www.ibtimes.com/chinas-divorce-rate-rises-seventh-consecutive-year-1105053>.
- 24 'Poland: The Soaring Divorce Rate' (2010, January 14). Retrieved May 7, 2014, from *European Journal*, DW: <http://www.dw.de/european-journal-the-magazine-from-brussels-2010-01-14/e-5094566-9798>.
- 25 Rosen, R. (2001), *The World Split Open: How the Modern Women's Movement Changed*

- America* (p. 43). New York, NY: Penguin Books.
- 26 Parker, K. and Wang, W. (2013, March 14), *Modern Parenthood*. Retrieved June 7, 2014, from Pew Research Center: <http://www.pewsocialtrends.org/2013/03/14/modern-parenthood-roles-of-moms-and-dads-converge-as-they-balance-work-and-family/>.
- 27 Saad, G. (2013, November 14), *Do Men or Women File for Divorce More Often?* Retrieved December 4, 2014, from Psychology Today: <http://www.psychologytoday.com/blog/homo-consumericus/201311/do-men-or-women-file-divorce-more-often>.
- 28 ‘Why Do Women Win Most Custody Battles?’ (n.d.). Retrieved May 17, 2014, from Attorneys.com: <http://www.attorneys.com/child-custody/why-do-women-win-most-custody-battles/>.
- 29 Farrell, W. (2001), *The Myth of Male Power: Why Men are the Disposable Sex* (p. 21). New York: Berkeley Books. (ワレン・ファレル『男性権力の神話——《男女差別》の可視性と撤廃のための学問』作品社)
- 30 Vaillant, G.E. (2012), *Triumphs of Experience: The Men of the Harvard Grant Study* (p. 4). Cambridge, MA: Belknap Press.
- 31 Ibid. (p. 143).
- 32 Ibid. (p. 113).
- 33 Ibid. (pp. 118–19).
- 34 Glenn, N. and Whitehead, B.D. (2009), *MAMA SAYS: A National Survey of Mothers’ Attitudes on Fathering* (p. 9). Retrieved June 26, 2014, from National Fatherhood Institute: <http://www.fatherhood.org/mama-says-survey>.
- 35 Zak, P. (2011), *Paul Zak: Trust, Morality — and Oxytocin?* Retrieved November 22, 2011, from TED Conferences: http://www.ted.com/talks/paul_zak_trust_morality_and_oxytocin.html; and Zak, P.J. and Knack, S. (2001). Trust and growth. *The Economic Journal*, 111, 295-321.
- 36 Larsen, C.A. (2013), *The Rise and Fall of Social Cohesion: The Construction and Deconstruction of Social Trust in the US, UK, Sweden and Denmark* (p. 12). United Kingdom: Oxford University Press.
- 37 Fukuyama, F. (1996). *Trust: The Social Virtues and the Creation of Prosperity* (p. 4). Free Press. (フランシス・フクヤマ『「信」無くば立たず——「歴史の終わり」後、何が繁栄の鍵を握るのか』三笠書房)
- 38 Murray, C. (2013), *Coming Apart: The State of White America, 1960–2010* (p. 169). New York, NY: Crown Forum. (チャールズ・マレー『階級「断絶」社会アメリカ——新上流と新下流の出現』草思社)
- 39 Notes: The US National Longitudinal Survey of Youth reported married men spent the most time – 82 per cent of weeks – between 18 and 26 years old in the labour force while single men spent only 70 per cent of weeks and cohabiting men spent 75 per cent of

weeks working. For women, there were no significant differences found in the number of weeks worked and partner status, but when a child was present, women worked only 65 per cent of weeks compared with 76 per cent of weeks for women with no child in the home. By 27 years old, 41 per cent of single women have a child living in their household, compared with 5 per cent of single men. Overall, single black women were the most likely group to have a child in their home while single Hispanic men were the least likely; single white men were nearly tied for least likely. For cohabiting couples, Hispanics and blacks were more than twice as likely as whites to have a child in the home. For married couples, black couples were the most likely to have a child while whites were the least likely. Only 15 per cent of blacks were married while 39 per cent of whites were. For those aged 35 and over, 25 per cent of black women, 26 per cent of black men, 8 per cent of white women and 12 per cent of white men were never married. More educated people were less likely to be cohabiting and more likely to be married. Regardless of ethnicity and partner status, having a bachelor's degree or higher also led to a significant drop in the likelihood of having a child in the home at 27 years old. By that age, just over one in four blacks and Hispanics who enrolled in university had received a bachelor's degree, compared to nearly half of whites.

See: *America's Young Adults at 27: Labor Market Activity, Education, and Household Composition: Results From a Longitudinal Survey Summary* (2014, March 26). Retrieved May 7, 2014, from Bureau of Labor Statistics, US Department of Labor (USD14-0491): <http://www.bls.gov/news.release/nlsyth.nr0.htm>.

Note: see table 7 for ethnicity and the likelihood of having a child; and for never-married rates by ethnicity.

See: Elliott, D.B., Krivickas, K., Brault, M.W., and Kreider, R.M. (2012, May), *Historical Marriage Trends from 1890–2010: A Focus on Race Differences*. Retrieved May 9, 2014, from US Census Bureau: <http://www.census.gov/hhes/socdemo/marriage/data/acs/ElliottetalPAA2012presentation.pdf>; and for increase in never-married rates: Lofquist, D., Lugaila, T., O'Connell, M., and Feliz, S. (2012, April), *Households and Families: 2010* (C2010BR-14) (p. 3). Retrieved May 9, 2014, from US Census Bureau: <https://www.census.gov/prod/cen2010/briefs/c2010br-14.pdf>.

40 *UK Labour Market, September 2014* (2014, September 17) (p. 9). Retrieved October 10, 2014, from Office for National Statistics: http://www.ons.gov.uk/ons/dcp171778_374770.pdf.

41 O'Grady, S. (2013, March 8), 'Rise of the Single-parent Family'. Retrieved October 10, 2014, from *Express*: <http://www.express.co.uk/news/uk/382706/Rise-of-the-single-parent-family>.

42 *Families and Households, 2013* (2013, October 31) (p. 5). Retrieved October 10, 2014,

- from Office for National Statistics: http://www.ons.gov.uk/ons/dcp171778_332633.pdf.
- 43 Wilcox, W.B. (2011, August 30), 'A Shaky Foundation for Families'. Retrieved May 8, 2014, from the *New York Times*: <http://www.nytimes.com/roomfordebate/2011/08/30/shotgun-weddings-vs-cohabitating-parents/cohabitation-is-a-shaky-foundation>.
- 44 Szalavitz, M. and Perry, B.D. (2010), *Born for Love: Why Empathy Is Essential – and Endangered* (pp. 163, 167). New York, NY: HarperCollins. (M・サラヴィッツ、B・D・ペリー『子どもの共感力を育てる』紀伊國屋書店)
- 45 Sandnes, H.E. (2014, February 9), *Dad is Important for His Children's Development*. Retrieved November 30, 2014, from Kilden Information Centre for Gender Research in Norway: <http://eng.kilden.forskningsradet.no/c52778/nyhet/vis.html?tid=88722>.
- 46 Vaillant, G.E. (2012), *Triumphs of Experience: The Men of the Harvard Grant Study* (p. 357). Cambridge, MA: Belknap Press.
- 47 Ibid. (p. 115).

父親は何処？

- 48 Bolick, K. (2011, November), 'All the Single Ladies', *Atlantic magazine*, 120.
- 49 Stern, P. (Director) (2006), *Raising Cain: Boys in Focus* [documentary]. United States: PBS Films.
- 50 *Fractured Families: Why Stability Matters* (2013, June) (p. 20). Retrieved October 10, 2014, from the Centre for Social Justice: http://www.centreforsocialjustice.org.uk/UserStorage/pdf/Pdf%20reports/CSJ_Fractured_Families_Report_WEB_13.06.13.pdf.
- 51 Borden, C. and Obsatz, K. (Directors) (2007), *Journeyman* [documentary]. United States: MirrorMan Films.
- 52 Perera, J. (2013, October 5), 'What I Like and Don't Like About Being a Boy: Thoughts from a Group of Grade 4 Boys'. Retrieved May 15, 2014, from Higher Unlearning: <http://higherunlearning.com/2013/10/05/what-i-like-and-dont-like-about-being-a-boy-thoughts-from-a-group-of-grade-4-boys/>.
- 53 Co, P., Maggiore, N., and Unay, J. (Cinematographers) (2014), *Free to Play* [documentary]. United States: Valve.
- 54 Hjern, A., Weitoft, G.R., and Lindblad, F. (2010, June), 'Social Adversity Predicts ADHD-Medication in School Children – A National Cohort Study'. Retrieved November 22, 2011, from *Acta Paediatrica*: <http://onlinelibrary.wiley.com/doi/10.1111/j.1651-2227.2009.01638.x/pdf>.
- 55 Dawson, D.A. (1991, June), *Family Structure and Children's Health: United States, 1988* (Table 13). Retrieved November 22, 2011, from US Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Health Statistics: http://www.cdc.gov/nchs/data/series/sr_10/sr10_178.pdf.

- 56 Borden, C. and Obsatz, K. (Directors) (2007), *Journeyman* [documentary]. United States: MirrorMan Films.
- 57 Ibid.
- 58 Guidubaldi, J. (1987), 'Growing Up in a Divorced Family: Initial and Long Term Perspectives on Children's Adjustment', *Applied Social Psychology*, 7, 230.
- 59 Christoffersen, M.N. (1995), *An Investigation of Fathers with 3 to 5-Year old Children*. Social Research Institute Ministerratskonferenz, Stockholm, Sweden (Chart 3).
- 60 Guidubaldi, J. (1987), 'Growing Up in a Divorced Family: Initial and Long Term Perspectives on Children's Adjustment', *Applied Social Psychology*, 7, 212.
- 61 Borden, C. and Obsatz, K. (Directors) (2007), *Journeyman* [documentary]. United States: MirrorMan Films.

媒体の影響

- 62 Farrell, W., personal communication, January 5, 2012.
- 63 Tickner, N. (2008, November 14), 'Unhappy People Watch TV, Happy People Read/Socialize'. Retrieved January 10, 2012, from *Newsdesk*, University of Maryland: <http://www.newsdesk.umd.edu/sociss/release.cfm?ArticleID=1789>.
- 64 Tolstoy, L., Pevear, R., and Volokhonsky, L. (2002), *Anna Karenina* (p. 1). New York, NY: Penguin Group (USA), Inc. (レフ・トルストイ 『アンナ・カレーニナ』)
- 65 Stern, P. (Director) (2006), *Raising Cain: Boys in Focus* [documentary]. United States: PBS Films.
- 66 Farrell, W., personal communication, January 10, 2012.

欠点だらけの福祉制度

- 67 Notes: The main federal assistance programme for American families in need, or 'welfare', in the US today is the Temporary Assistance for Needy Families (TANF). President Clinton initiated it in 1997 after the Personal Responsibility and Work Opportunity Reconciliation Act (PRWORA) was passed in 1996, succeeding Aid to Families with Dependent Children (AFDC), which had been in effect since 1935. TANF transitioned the cost-sharing model, where the federal government's stipend for state welfare programmes went up as the need for assistance grew, to block grants where states were given a set amount and had greater control over their programmes and how assistance is distributed. In 2013 an average of 4.1 million people received TANF or State Supplemental Programme (SSP) benefits each month during the fiscal year, most were children:

Children: 3,091,888 (75 per cent)

Adults: 1,007,243 (25 per cent)

Families (total): 1,751,351
Zero-parent families: 760,293
One-parent families: 908,443
Two-parent families: 82,615

See: *Caseload Data 2014* (2014, January 23). Retrieved May 17, 2014, from the Office of Family Assistance, US Department of Health and Human Services: <http://www.acf.hhs.gov/programmes/ofa/resource/caseload-data-2013>.

68 Notes: Regardless of ethnicity, women were about twice as likely as men (23 per cent vs 12 per cent), and minorities were twice as likely as whites, to have received food stamps:

39 per cent of black women
31 per cent of Hispanic women
21 per cent of black men
19 per cent of white women
14 per cent of Hispanic men
11 per cent of white men

See: Morin, R. (2013, July 12), *The Politics and Demographics of Food Stamp Recipients*. Retrieved May 17, 2014, from Pew Research Center: <http://www.pewresearch.org/fact-tank/2013/07/12/the-politics-and-demographics-of-food-stamp-recipients/>.

69 Notes: Despite the significant rising costs of living, basic assistance is now only a relatively small share and TANF and maintenance of effort (MOE) spending has decreased from 70 per cent at the beginning of the programme to 29 per cent in 2011 – with nine states spending less than 15 per cent. The Center on Budget and Policy Priorities (CBPP) says some states shifted resources ‘from cash assistance to activities designed to promote or support work, but those investments leveled off nearly a decade ago . . . States are using a significant and growing share of TANF and MOE funds to support other state services, including child welfare; states also have diverted substantial funds formerly used to assist poor families to other purposes,’ such as ‘filling state budget holes’.

See: Schott, L., Pavetti, L., and Finch, I. (2012, August 7), ‘How States Have Spent Federal and State Funds Under the TANF Block Grant’. Retrieved May 19, 2014, from Center on Budget and Policy Priorities: <http://www.cbpp.org/cms/index.cfm?fa=view&id=3808>.

70 Moffitt, R.A., Reville, R.T., Winkler, A.E., and Burstain, J.M. (2008, August revised 2009, February), *Cohabitation and Marriage Rules in State TANF Programs*. Retrieved May 19, 2014, from Office of the Assistant Secretary for Planning and Evaluation, US Department of Health and Human Services: <http://www.aspe.hhs.gov/hsp/09/CohabitationMarriageRules/index.shtml>.

- 71 Ibid.
- 72 Hardisty, J. and Williams, L.A. (n.d.), *The Right's Campaign Against Welfare*. Retrieved May 17, 2014, from Jean Hardisty: <http://www.jeanhardisty.com/writing/articles-chapters-and-reports/the-rights-campaign-against-welfare/>.
- 73 *UK Labour Market, September 2014* (2014, September 17) (p. 38). Retrieved October 10, 2014, from Office for National Statistics: http://www.ons.gov.uk/ons/dcp171778_374770.pdf.
- 74 Martin, D. (2014, January 16), 'A Quarter of British Children are being Raised by a Single Parent, New Figures Reveal'. Retrieved October 10, 2014, from Mail Online: <http://www.dailymail.co.uk/news/article-2540974/Britain-fourth-highest-number-single-parents-EU.html>.
- 75 *Fractured Families: Why Stability Matters* (2013, June) (p. 14). Retrieved October 10, 2014, from the Centre for Social Justice: http://www.centreforsocialjustice.org.uk/UserStorage/pdf/Pdf%20reports/CSJ_Fractured_Families_Report_WEB_13.06.13.pdf.
- 76 Ibid. (pp. 13, 22).
- 77 Ibid. (p. 15).

ヘリコプター・ペアレンツ

- 78 Gottlieb, L. (2011, July/ August), 'How to Land Your Kids in Therapy'. Retrieved November 11, 2011, from Atlantic magazine: <http://www.theatlantic.com/magazine/archive/2011/07/how-to-land-your-kid-in-therapy/8555>.
- 79 *National Visitor Use Monitoring Results USDA Forest Service National Summary Report* (2013, May 20) (p. 8). Retrieved May 15, 2014, from National Visitor Use Monitoring (NVUM), US Forest Service: http://www.fs.fed.us/recreation/programmes/nvum/2012%20National_Summary_Report_061413.pdf.
- 80 Regnerus, M. (2012), 'How Different are the Adult Children of Parents who have Same-sex Relationships? Findings from the New Family Structures Study', *Social Science Research*, 41 (2012). Retrieved June 18, 2014, from <http://www.sciencedirect.com/science/article/pii/S0049089X12000610>.
- 81 Mcpherson, G. (2013, March 6), 'Children as Happy with Gay Parents – Research'. Retrieved June 18, 2014, from *Cambridge News*: <http://www.cambridge-news.co.uk/Health/Family/Children-as-happy-with-gay-parents-research-06032013.htm>; and van Gelderen, L., et al. (2012), 'Quality of Life of Adolescents Raised from Birth by Lesbian Mothers: The US National Longitudinal Family Study', *Journal of Developmental & Behavioural Pediatrics*, 33(1), 5.
- 82 Chadwick, V. (2013, June 5), 'Tick for Same-sex Families'. Retrieved June 18, 2014, from the *Age Victoria*: <http://www.theage.com.au/victoria/tick-for-samesex-families-20130605->

2npxf.html.

- 83 Mcpherson, G. (2013, March 6), 'Children as Happy with Gay Parents – Research'. Retrieved June 18, 2014, from *Cambridge News*: <http://www.cambridge-news.co.uk/Health/Family/Children-as-happy-with-gay-parents-research-06032013.htm>; and van Gelderen, L., et al. (2012), 'Quality of Life of Adolescents Raised from Birth by Lesbian Mothers: The US National Longitudinal Family Study', *Journal of Developmental & Behavioural Pediatrics*, 33(1), 5.
- 84 *Lesbian & Gay Parenting* (2005). Retrieved June 18, 2014, from American Psychological Association: <http://www.apa.org/pi/lgbt/resources/parenting-full.pdf>.
- 85 White, R.R. (2011, October 3), 'The Role Non-Monogamy Will Play in the Future of Marriage'. Retrieved November 18, 2014, from the *Atlantic*: <http://www.theatlantic.com/health/archive/2011/10/the-role-non-monogamy-will-play-in-the-future-of-marriage/245960/>.
- 86 Guttentag, M. and Secord, P.F. (1983), *Too Many Women?: The Sex Ratio Question* (pp. 20–21). Thousand Oaks, CA: Sage Publications.

| 9 | 問題だらけの学校

- 1 *Education at a Glance 2013: OECD Indicators* (Indicator B1.1) (2013). Retrieved June 30, 2014, from Organisation for Economic Co-operation and Development: <http://dx.doi.org/10.1787/eag-2013-en>.
- 2 Corcoran S.P., Evans, W.N., and Schwab, R.M. (2004), 'Women, the Labor Market, and the Declining Relative Quality of Teachers', *Journal of Policy Analysis and Management*, 23(3), 449–70.
- 3 Ibid.; and Vance, V.S. and Schlechty, P.C. (1982), 'The Distribution of Academic Ability in the Teaching Force', *Phi Delta Kappan*, 64(1), 22–7.
- 4 Chetty, R., Friedman, J., and Rockoff, J. (n.d.), *The Long-Term Impacts of Teachers: Teacher Value-Added and Student Outcomes in Adulthood*. Retrieved January 12, 2012, from Harvard University: http://obs.rc.fas.harvard.edu/chetty/value_added.html.
- 5 Richardson, H. (2013, February 13), "'Not Enough Strenuous Activity" in School PE'. Retrieved November 18, 2014, from BBC News: <http://www.bbc.com/news/education-21449610>.
- 6 Freeman, C.E. (2004, November), *Trends in Educational Equity of Girls and Women: 2004* (p. 45). Retrieved December 26, 2011, from National Center for Education Statistics, Institute of Education Sciences, US Department of Education (NCES 2005-016): <http://nces.ed.gov/pubs2005/2005016.pdf>.
- 7 C, K.N., K, P., and W, P.J. (2013, December 3). 'Diligent Asia, Indolent West'. Retrieved June 26, 2014, from the *Economist*: <http://www.economist.com/blogs/>

graphicdetail/2013/12/daily-chart-1.

- 8 Sax, L. (2009), *Boys Adrift: The Five Factors Driving the Growing Epidemic of Unmotivated Boys and Underachieving Young Men* (p. 21). New York, NY: Basic Books.
- 9 Steinberg, K. (2011, September 14), '43% of 2011 College-Bound Seniors Met SAT College and Career Readiness Benchmark' (p. 12). Retrieved December 8, 2011, from the College Board: http://media.collegeboard.com/pdf/cbs_2011_nat_release_091411.pdf.
- 10 'GCSE Results 2013: The Complete Breakdown' (2013, August 22). Retrieved October 10, 2014, from the *Guardian*: <http://www.theguardian.com/news/datablog/2013/aug/22/gcse-results-2013-the-complete-breakdown>.
- 11 Szalavitz, M. and Perry, B.D. (2010), *Born for Love: Why Empathy Is Essential – and Endangered* (pp. 95, 231, 295). New York, NY: HarperCollins. (M・サラヴィッツ、B・D・ペリー『子どもの共感力を育てる』紀伊國屋書店)
- 12 Stern, P. (Director) (2006), *Raising Cain: Boys in Focus* [documentary]. United States: PBS Films.
- 13 'Record Numbers of Men Teaching in Primary Schools – But More Still Needed' (2012, July 6). Retrieved October 10, 2014, from Gov.uk: <https://www.gov.uk/government/news/record-numbers-of-men-teaching-in-primary-schools-but-more-still-needed>.
- 14 *What's the Problem with School?* (n.d.). Retrieved December 26, 2011, from PBS: <http://www.pbs.org/parents/raisingboys/school02.html>.
- 15 Dretzin, R. (Director) (2010), *Digital Nation: Life on the Virtual Frontier* [documentary]. United States: PBS Films [Frontline].
- 16 Notes: 82 per cent of US libraries reduced operating hours in the 2011–12 year and 65 per cent cut hours in the 2012–13 year.
See: Rosa, K., *Research and Statistics on Libraries and Librarianship in 2012* (n.d.) (p. 352). Retrieved May 10, 2014, from Office for Research and Statistics, American Library Association: <http://www.ala.org/research/sites/ala.org.research/files/content/librарystats/LBTA-research2013.pdf>.

一意専心は成功への道

- 17 C, K.N., K, P., and W, P.J. (2013, December 3), 'Diligent Asia, Indolent West'. Retrieved June 26, 2014, from the *Economist*: <http://www.economist.com/blogs/graphicdetail/2013/12/daily-chart-1>.
- 18 'Finn-ished' (2013, December 7). Retrieved June 26, 2014, from the *Economist*: <http://www.economist.com/news/international/21591195-fall-former-nordic-education-star-latest-pisa-tests-focusing-interest>.
- 19 *Suicide and Attempted Suicide – China, 1990–2002* (2004, June 11). Retrieved June 26,

2014, from Centers for Disease Control and Prevention: <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5322a6.htm>.

- 20 ‘China’s Young People at Increasing Risk of Suicide’ (2013, September 11). Retrieved June 26, 2014, from Radio Free Asia: <http://www.rfa.org/english/news/china/suicide-09112013114030.html>.
- 21 Shlam, S. and Medalia, H. (2014, January 19), ‘China’s Web Junkies’. Retrieved June 26, 2014, from the *New York Times*: <http://www.nytimes.com/2014/01/20/opinion/chinas-web-junkies.html?ref=opinion&r=1>.

学校は古い。だったらどうする？

- 22 Steinberg, K. (2011, September 14), ‘43% of 2011 College-Bound Seniors Met SAT College and Career Readiness Benchmark’ (p. 9). Retrieved December 8, 2011, from the College Board: http://media.collegeboard.com/pdf/cbs_2011_nat_release_091411.pdf.
- 23 Hornig, D. and Daley, A. (2011, December 1), ‘Not Enough New Scientists: How America’s Obsession with Liberal Arts Is Making Us Less Competitive’. Retrieved January 4, 2012, from *Casey Daily Dispatch*: <http://www.caseyresearch.com/cdd/friends-dont-let-friends-major-liberal-arts>.
- 24 Ibid.

性教育 vs ポルノ教育

- 25 Hirschman, C., personal communication, January 19, 2012.
- 26 Ogas, O. and Gaddam, S. (2011), *A Billion Wicked Thoughts: What the World’s Largest Experiment Reveals About Human Desire* (p. 50). New York, NY: Penguin Group (USA), Inc. (O・オーガス、S・ガダム『性欲の科学』CCCメディアハウス)
- 27 ‘Italian Men Suffer “Sexual Anorexia” after Internet Porn Use’ (2011, March 4). Retrieved January 9, 2012, from ANSA English: http://www.ansa.it/web/notizie/rubriche/english/2011/02/24/visualizza_new.html_1583160579.html.
- 28 Ropelato, J. *Internet Pornography Statistics* (n.d.). Retrieved November 17, 2011, from Top Ten Reviews, TechMediaNetwork: <http://internet-filter-review.toptenreviews.com/internet-pornography-statistics.html>.
- 29 *Vital Signs: Teen Pregnancy – United States, 1991–2009* (2011, April 8). Retrieved November 17, 2011, from Centers for Disease Control and Prevention: http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6013a5.htm?s_cid=mm6013a5_w.
- 30 ‘State Policies in Brief, Sex and HIV Education’ (2014, June 1). Retrieved June 17, 2014, from Guttmacher Institute: https://www.guttmacher.org/statecenter/spibs/spib_SE.pdf.
- 31 *Sex and Relationships Education Factsheet* (2011, January). Retrieved October 13, 2014, from Family Planning Association Web: <http://www.fpa.org.uk/factsheets/sex-and-relationships-education-factsheet>.

relationships-education#aNh7.

- 32 Parker, I. (2014, August), *Young People, Sex and Relationships: The New Norm* (p. 10). Retrieved October 9, 2014, from Institute for Public Policy Research: http://www.ippr.org/assets/media/publications/pdf/young-people-sex-relationships_Aug2014.pdf.
- 33 *Estimated Median Age at First Marriage, by Sex: 1890 to the Present* (2011, November). Retrieved February 20, 2012, from US Census Bureau: <http://www.census.gov/population/socdemo/hh-fam/ms2.xls>.
- 34 *Marriages in England and Wales (Provisional), 2012* (p. 8) (2014, June 11). Retrieved October 9, 2014, from Office for National Statistics: http://www.ons.gov.uk/ons/dcp171778_366530.pdf.
- 35 Connor, S. (2013, November 26), 'The Truth about Women and Sex: They Start Younger and Have More Partners – and Those are not Necessarily Men'. Retrieved October 13, 2014, from the *Independent*: <http://www.independent.co.uk/news/science/the-truth-about-women-and-sex--they-start-younger-and-have-more-partners--and-those-are-not-necessarily-men-8962997.html>; also see *The Third National Survey of Sexual Attitudes and Lifestyles* (2013, November 26). Retrieved October 13, 2014, from the Lancet: <http://www.thelancet.com/themed/natsal>.
- 36 Brükner H. (2005), 'After the Promise: The STD Consequences of Adolescent Virginity Pledges', *Journal of Adolescent Health*, 36, 271–8.
- 37 Klein, M. (Kindle edition, 2008), *America's War on Sex: The Attack on Law, Lust, and Liberty*. Amazon.com: Praeger Paperback.
- 38 *Comprehensive Sex Education: Research and Results* (2009, September). Retrieved May 31, 2014, from Advocates for Youth: <http://www.advocatesforyouth.org/storage/advfy/documents/fscse.pdf>; and Darroch, J.E., Singh, S., and Frost, J.J. (2001, December), *Differences in Teenage Pregnancy Rates Among Five Developed Countries: The Roles of Sexual Activity and Contraceptive Use*. Retrieved May 31, 2014, from Guttmacher Institute: <http://www.guttmacher.org/pubs/journals/3324401.html>.
- 39 *2009 Sexually Transmitted Diseases Surveillance, STDs in Adolescents and Young Adults* (2010). Retrieved November 17, 2011, from Centers for Disease Control and Prevention: <http://www.cdc.gov/std/stats09/adol.htm>.
- 40 Notes: Compare the average US birth rate of 29.4 per 1,000 15- to 19-year-old women to the rate in Rwanda (34), India (33), Turkey (31), Kazakhstan (30) and Vietnam (29). According to the CDC, these states have the highest teen birth rates:
 - New Mexico (47.5) – most comparable to Peru (51), Yemen (47), Puerto Rico (47), Barbados (48) and Indonesia (48)
 - Oklahoma (47.3)
 - Mississippi (46.1)

Arkansas (45.7)

Texas (44.4)

States with the lowest teen birth rates per 1,000 teens aged 15–19:

New Hampshire (13.8) – most comparable to Australia (12),

Hungary (12), Poland (12), Portugal (13) and Canada (14)

Massachusetts (14.1)

Connecticut (15.1)

Vermont (16.3)

New Jersey (16.7)

If we go by ethnicity, there were 27.4 teen births per 1,000 white women, 44 for black women, 46.3 for Hispanic women, 34.9 for American Indian or Alaska Natives, and 9.7 for Asian or Pacific Islanders. The per cent changes for each ethnicity since 2000 are: white – 37 per cent reduction (from 43.2); black – 43 per cent reduction (from 77.4); Hispanic – 47 per cent reduction (from 87.3); American Indian or Alaska Native – 40 per cent reduction (from 58.3); and Asian or Pacific Islander – 53 per cent reduction (from 20.5).

See: Martin, J.A., Hamilton, B.E., Osterman, M.J., Curtin, S.C., and Mathews, T.J. (2013, December 30), *Births: Final Data for 2012*. Retrieved May 19, 2014, from National Vital Statistics Reports, Centers for Disease Control and Prevention: http://www.cdc.gov/nchs/data/nvsr/nvsr62/nvsr62_09.pdf#table02; and world statistics: *Adolescent Fertility Rate (Births per 1,000 Women ages 15–19)* (n.d.). Retrieved May 19, 2014, from United Nations Population Division, World Population Prospects. The World Bank: http://data.worldbank.org/indicator/SP.ADO.TFRT?order=wbapi_data_value_2012+wbapi_data_value+wbapi_data_value-last&sort=desc.

41 Notes: Abortion rates for US teens in 2008 were: 22 per cent of white pregnancies, 65 per cent of black pregnancies and 19 per cent of Hispanic pregnancies.

See: Ventura, S.J., Curtin, S.C., Abma, J.C., and Henshaw, S.K. (2012, June 20), *Estimated Pregnancy Rates and Rates of Pregnancy Outcomes for the United States, 1990–2008*. Retrieved May 19, 2014, from National Vital Statistics System, US Department of Health and Human Services, Centers for Disease Control and Prevention: http://www.cdc.gov/nchs/data/nvsr/nvsr60/nvsr60_07.pdf.

42 *Conceptions in England and Wales, 2012* (2014, February 25). Retrieved May 19, 2014, from Office for National Statistics: http://www.ons.gov.uk/ons/dcp171778_353922.pdf.

43 Doughty, S., ‘UK Tops League of Teenage Pregnancy’ (n.d.). Retrieved October 10, 2014, from Daily Mail Online: <http://www.dailymail.co.uk/news/article-28860/UK-tops-league-teenage-pregnancy.html>.

44 Ventura, S.J., Curtin, S.C., and Mathews, T.J. (1998), *Teenage Births in the United States: National and State Trends, 1990–96*. Retrieved May 19, 2014, from National Vital

- Statistics System, US Department of Health and Human Services, Centers for Disease Control and Prevention: <http://www.cdc.gov/nchs/data/misc/teenbrth.pdf>.
- 45 *Conceptions in England and Wales, 2012* (2014, February 25). Retrieved May 19, 2014, from Office for National Statistics: http://www.ons.gov.uk/ons/dcp171778_353922.pdf.
- 46 *Vital Signs: Teen Pregnancy – United States, 1991–2009* (2011, April 8). Retrieved November 17, 2011, from Centers for Disease Control and Prevention: http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6013a5.htm?s_cid=mm6013a5_w.
- 47 Martinez, G., Copen, C.E., and Abma, J.C. (2011, October), *Teenagers in the United States: Sexual Activity, Contraceptives, and Child Bearing, 2006–2010 National Study of Family Growth* (p. 10). Retrieved October 8, 2014, from National Center for Health Statistics. Centers for Disease Control and Prevention: http://www.cdc.gov/nchs/data/series/sr_23/sr23_031.pdf.
- 48 *HHS Funding for Abstinence Education, Education for Teen Pregnancy and HIV/STD Prevention, and Other Programmes that Address Adolescent Sexual Activity* (n.d.). Retrieved November 17, 2011, from National Abstinence Education Association: http://gallery.mailchimp.com/e71e76ba0a0760415775e4352/files/funding_comparison_Sheet2.pdf?utm_source=General+Email+list+for+Weekly+Updates&utm_campaign=04e533396b-Day_on_the_hill&utm_medium=email.
- 49 Doughty, S. ‘UK Tops League of Teenage Pregnancy’ (n.d.). Retrieved October 10, 2014, from Daily Mail Online: <http://www.dailymail.co.uk/news/article-28860/UK-tops-league-teenage-pregnancy.html>.

| 10 | 環境の変化

- 1 Wang, S.S. (2013, July 15), ‘The Decline in Male Fertility’. Retrieved May 28, 2014, from the *Wall Street Journal*: <http://online.wsj.com/news/articles/SB10001424127887323394504578607641775723354>; also see <http://www.rainestudy.org.au>.
- 2 *Low Sperm Count Causes* (2012, September 22). Retrieved May 30, 2014, from Mayo Clinic: <http://www.mayoclinic.org/diseases-conditions/low-sperm-count/basics/causes/con-20033441>.
- 3 *What Are Endocrine Disruptors?* (n.d.). Retrieved May 28, 2014, from Endocrine Disruptor Screening Programme, Office of Chemical Safety and Pollution Prevention, Environmental Protection Agency: <http://www.epa.gov/endo/pubs/edspoverview/whatare.htm>.
- 4 *Endocrine Disruptors* (n.d.). Retrieved May 28, 2014, from National Institute of Environmental Health Sciences, National Institute of Health: <http://www.niehs.nih.gov/health/topics/agents/endocrine/>.
- 5 Colborn, T., Dumanoski, D., and Myers, J.P. (1997), *Our Stolen Future: Are We*

- Threatening Our Fertility, Intelligence, and Survival? A Scientific Detective Story* (p. xv). New York City: Plume. (シーア・コルボーン、ダイアン・ダマノスキ、ジョン・ピーターソン・マイヤーズ『奪われし未来』翔泳社)
- 6 Wakefield, J. (2002), 'Boys Won't Be Boys', *New Scientist*, 2349. Retrieved May 28, 2014, from <http://www.newscientist.com/article/mg17423495.300;jsessionid=JGIKANPNOJPP>.
 - 7 Interlandi, J. (2013, December), 'The Toxins That Affected Your Great-Grandparents Could Be In Your Genes'. Retrieved May 29, 2014, from *Smithsonian*: <http://www.smithsonianmag.com/innovation/the-toxins-that-affected-your-great-grandparents-could-be-in-your-genes-180947644/?device=iphone?no-ist&no-ist>. Also see: <http://skinner.wsu.edu>.
 - 8 *Testicular Cancer Incidence Statistics* (n.d.). Retrieved May 28, 2014, from Cancer Research UK: <http://www.cancerresearchuk.org/cancer-info/cancerstats/types/testis/incidence/uk-testicular-cancer-incidence-statistics>; and *Testicular Cancer Screening* (n.d.). Retrieved May 28, 2014, from National Cancer Institute, National Institutes of Health: <http://www.cancer.gov/cancertopics/pdq/screening/testicular/HealthProfessional/page2>; and Walschaerts, M. et al. (2008), 'Doubling of Testicular Cancer Incidence Rate over the last 20 Years in Southern France', *Cancer Causes Control*, 19(2). Retrieved May 28, 2014, from <http://www.ncbi.nlm.nih.gov/pubmed/18236173>.
 - 9 Colborn, T., Dumanoski, D., and Myers, J.P. (1997), *Our Stolen Future: Are We Threatening Our Fertility, Intelligence, and Survival? A Scientific Detective Story* (p. 9). New York City: Plume. (シーア・コルボーン、ダイアン・ダマノスキ、ジョン・ピーターソン・マイヤーズ『奪われし未来』翔泳社)
 - 10 Wakefield, J. (2002), 'Boys Won't be Boys', *New Scientist*, 2349. Retrieved May 28, 2014, from <http://www.newscientist.com/article/mg17423495.300;jsessionid=JGIKANPNOJPP>.
 - 11 Crawford, T. (2014, May 28), 'SFU Study Finds Lower IQ in Kids Linked to Mom's Exposure to Flame Retardants in Pregnancy'. Retrieved May 29, 2014, from the *Vancouver Sun*: <http://www.vancouver.sun.com/health/study+finds+flame+retardant+exposure+utero+lower+children+boost+hyperactivity/9884560/story.html>.
 - 12 Betts, K.S. (2002), 'Rapidly Rising PBDE Levels in North America', *Environmental Science and Technology, Science News*, 36(3), 50A–52A.
 - 13 Bramwell, L., Fernandes, A., Rose, M., Harrad, M., and Pless-Mulloli, T. (2014), 'PBDEs and PBBs in Human Serum and Breast Milk from Cohabiting UK Couples', *Chemosphere*, 116. Retrieved October 13, 2014, from <http://www.sciencedirect.com/science/article/pii/S0045653514004093>.
 - 14 Crawford, T. (2014, May 28), 'SFU Study Finds Lower IQ in Kids Linked to Mom's

Exposure to Flame Retardants in Pregnancy’. Retrieved May 29, 2014, from the *Vancouver Sun*: <http://www.vancouver.sun.com/health/study+finds+flame+retardant+exposure+utero+lower+children+boost+hyperactivity/9884560/story.html>.

- 15 Wakefield, J. (2002), ‘Boys Won’t Be Boys’, *New Scientist*, 2349. Retrieved May 28, 2014, from <http://www.newscientist.com/article/mg17423495.300;jsessionid=JGIKANPNOJPP>.

| 11 | テクノロジーの魔法と興奮依存症

- 1 Dretzin, R. (Director) (2010), *Digital Nation: Life on the Virtual Frontier* [documentary]. United States: PBS Films [Frontline].
- 2 J.R.R. Tolkien, *On Fairy Stories* (n.d.). Retrieved May 1, 2014, from California Lutheran University: <http://public.callutheran.edu/~brint/Arts/Tolkien.pdf>, 8.
- 3 Laier, C., Schulte, F.P., Brand, M., and Hahn, E.L. (2013), ‘Pornographic Picture Processing Interferes with Working Memory Performance’, *The Journal of Sex Research*, 50(7). Retrieved June 27, 2014, from <http://dx.doi.org/10.1080/00224499.2012.716873>.
- 4 Clark, N. and Scott, P.S. (2009), *Game Addiction: The Experience and the Effects* (p. 84). Jefferson, North Carolina: McFarland & Company.
- 5 Ibid. (p. 88).
- 6 Deem, G., personal communication, April 13, 2014.
- 7 Carr, N.G. (2010), *The Shallows: What the Internet Is Doing to Our Brains* (pp. 26–7). New York: W.W. Norton. (N・G・カー『ネットバカ——インターネットが私たちの脳にしていること』青土社)
- 8 Ibid. (pp. 27–8, 33).
- 9 Doan, A. (2011, October 4), ‘The Lure of Sex in Video Games’. Retrieved November 11, 2011 from Hooked on Games: <http://www.hooked-on-games.com/blog/33-the-lure-of-sex-in-video-games.html>; also see Doan, A., Strickland, B., and Gentile, D. (2012), *Hooked on Games: The Lure and Cost of Video Game and Internet Addiction* (pp. 87-88). Iowa: FEP International.
- 10 ‘So, Uh, You Can Have Virtual Sex, Now’ (2012, December 18). Retrieved June 26, 2014, from SourceFed: <http://sourcefed.com/so-uh-you-can-have-virtual-sex-now/>.
- 11 Van den Bosch, J. (2013), ‘Sinful Robot: Creating the World’s Most Immersive Virtual Reality Erotic Encounters (with Oculus Rift)’. Retrieved June 26, 2014, from Reddit: http://www.reddit.com/r/technology/comments/1a2tev/sinful_robot_creating_the_worlds_most_immersive/c8trcpj.
- 12 Kaplan, E. and Purdum, J. (2001, May 13), ‘I Dated A Robot’, in M. Groening and D.X. Cohen, *Futurama*. Los Angeles, CA: 20th Century.
- 13 Yee, N., Bailenson, J.N., and Ducheneaut, N. (2009), ‘The Proteus Effect: Implications of

Transformed Digital Behaviour Self-Representation on Online and Offline Behaviour’ (p. 294), *Communication Research*, 36(2). Retrieved June 12, 2014, from <http://vhil.stanford.edu/pubs/2009/yee-proteus-implications.pdf>.

- 14 Korolov, M. (2010, October 8), ‘Treatment Center gets \$865,000 for OpenSim Project’. Retrieved June 12, 2014, from Hypergrid Business: <http://www.hypergridbusiness.com/2010/10/treatment-center-gets-865000-for-second-opensim-project/>.
- 15 Yee, N., Bailenson, J.N., and Ducheneaut, N. (2009), ‘The Proteus Effect: Implications of Transformed Digital Behaviour Self-Representation on Online and Offline Behaviour’ (p.287), *Communication Research*, 36(2). Retrieved June 12, 2014, from <http://vhil.stanford.edu/pubs/2009/yee-proteus-implications.pdf>.
- 16 Dretzin, R. (Director) (2010), *Digital Nation: Life on the Virtual Frontier* [documentary]. United States: PBS Films [Frontline].
- 17 Ibid.

ポルノの力

- 18 Sipress, D. (2011, December 19), ‘When I was your age, I had to hike ten miles through the ice and snow to …’ – *New Yorker* cartoon. Retrieved June 16, 2014, from Condé Nast Collection: http://www.condenaststore.com/-sp/When-I-was-your-age-I-had-to-hike-ten-miles-through-the-ice-and-snow-to-New-Yorker-Cartoon-Prints_i8638277_.htm.
- 19 ‘Porn: Business of Pleasure’ (2007, July 9). Retrieved November 17, 2011, from CNBC: <http://www.cnbc.com/id/31586577/?slide=4>.
- 20 Macfarlane, J. (2008, June 14), ‘Men Aged 18 to 30 on Viagra to Keep Up with Sex and the City Generation’. Retrieved January 10, 2012, from *Daily Mail*: <http://www.dailymail.co.uk/health/article-1026523/Men-aged-18-30-Viagra-Sex-And-The-City-generation.html>.

慢性的刺激、慢性的不満

- 21 (2011, July/August). *Men’s Health*, 30.
- 22 Retrieved June 8, 2011, from Alexa: <http://www.alexa.com> UK statistics were retrieved November 17, 2014.
- 23 Schonfeld, E. (2011, April 25), ‘Netflix Q1 Earnings Up 88%, Adds 3.M Subscribers’. Retrieved November 11, 2011, from Seeking Alpha: <http://seekingalpha.com/article/265310-netflix-q1-earnings-up-88-adds-3-m-subscribers>.
- 24 *Daily Mail Reporter* (2011, April 22), ‘Young Men Watch TWO HOURS of Porn Online Each Week ... and One in Three have Missed a Deadline Because of It’. Retrieved June 16, 2014, from *Daily Mail*: <http://www.dailymail.co.uk/news/article-1379464/Porn-Young-men-watch-2-HOURS-week-missed-deadline-it.html>.

おい、立たなくなっちゃった

- 25 Wilson, G., personal communication.
- 26 Kühn, S. and Gallinat, J. (2014), 'Brain Structure and Functional Connectivity Associated With Pornography Consumption', *JAMA Psychiatry*, 71(7). Retrieved November 29, 2014, from <http://archpsyc.jamanetwork.com/article.aspx?articleid=1874574>. (N・G・カー『ネットバカ——インターネットが私たちの脳にしていること』青土社)
- 27 Osterath, B. (2014, June 5), *Pea brain: watching porn online will wear out your brain and make it shrivel*. Retrieved November 29, 2014, from Deutsche Welle: <http://www.dw.de/pea-brain-watching-porn-online-will-wear-out-your-brain-and-make-it-shrivel/a-17681654>.
- 28 Wilson, G. (2011, June 17), *Start Here: Porn-Induced Sexual Dysfunction*. Retrieved February 21, 2012 from Your Brain on Porn: <http://yourbrainonporn.com/porn-induced-start-here>; and Wilson, G. (2011, February 10). *Erectile Dysfunction and Porn*. Retrieved February 21, 2012 from Your Brain on Porn: <http://yourbrainonporn.com/erectile-dysfunction-and-porn>.
- 29 Carr, N.G. (2010), *The Shallows: What the Internet Is Doing to Our Brains* (p. 210). New York: W.W. Norton.

クーリッジ効果

- 30 O'Donohue, W.T. and Geer, J.H. (1985), 'The Habituation of Sexual Arousal', *Archives of Sexual Behaviour*, 14(3). Retrieved June 16, 2014, from <http://www.ncbi.nlm.nih.gov/pubmed/4004547>.
- 31 Ogas, O. and Gaddam, S. (2011), *A Billion Wicked Thoughts: What the World's Largest Experiment Reveals About Human Desire* (p. 193). New York, NY: Penguin Group (USA), Inc. (O・オーガス、S・ガダム『性欲の科学』CCCメディアハウス)

女性をモノとして見る

- 32 Max, T. *The Date Application* (n.d.). Retrieved November 22, 2011, from Tucker Max: <http://www.tuckermax.com/stories/the-date-application/>.

ゲームのパワー

- 33 Martin, D. (2012, April 10), 'Jack Tramiel, a Pioneer in Computers, Dies at 83'. Retrieved April 24, 2014, from the *New York Times*: http://www.nytimes.com/2012/04/11/technology/jack-tramiel-a-pioneer-in-computers-dies-at-83.html?_r=0.
- 34 Rose, G.L. (2011, October 6), 'Steve Jobs – Here's to the Crazy Ones'. Retrieved April 16, 2014, from Virgin: <http://www.virgin.com/news/steve-jobs-here's-crazy-ones>.
- 35 *Great Male Survey* (2011, July). Retrieved August 21, 2011, from AskMen: http://www.askmen.com/specials/great_male_survey/men_in_2011.html.

- 36 ‘Study Examines Video Game Play Among Adolescents’ (2007, July 4). Retrieved December 31, 2011, from ScienceDaily: <http://www.sciencedaily.com/releases/2007/07/070702161141.htm>.
- 37 Weis, R. and Cerankosky, B. (2010), ‘Effects of Video-Game Ownership on Young Boys’ Academic and Behavioural Functioning’, *Psychological Science*, 21(4). Retrieved June 20, 2014, from <http://pss.sagepub.com/content/21/4/463>.
- 38 Gentile, D.A., et al. (2004), ‘The Effects of Violent Video Game Habits on Adolescent Hostility, Aggressive Behaviours, and School Performance’, *Journal of Adolescence*, 27, 6.
- 39 Deem, G., personal communication, April 13, 2014.
- 40 Clark, N. and Scott, P.S. (2009), *Game Addiction: The Experience and the Effects* (p. 14). Jefferson, North Carolina: McFarland & Company.
- 41 Sax, L. (2009), *Boys Adrift: The Five Factors Driving the Growing Epidemic of Unmotivated Boys and Underachieving Young Men* (p. 91). New York, NY: Basic Books.
- 42 Paton, G. (2014, April 15), ‘Infants “unable to use toy building blocks” due to iPad addiction’. Retrieved April 15, 2014, from the *Telegraph*: <http://www.telegraph.co.uk/education/educationnews/10767878/Infants-unable-to-use-toy-building-blocks-due-to-iPad-addiction.html>.
- 43 Gentile, D.A. (2012), ‘Video Game Playing, Attention Problems, and Impulsiveness: Evidence of Bidirectional Causality’, *Psychology of Popular Media Culture*, 1(1), 62–70.
- 44 Brandt, M. (2008, February 4), ‘Video Games Activate Reward Regions of Brain in Men More Than Women, Stanford Study Finds’. Retrieved June 12, 2014, from Stanford Medicine News Center: <http://med.stanford.edu/news/all-news/2008/02/video-games-activate-reward-regions-of-brain-in-men-more-than-women-stanford-study-finds.html>.

ゲームが良い方向に向かうとき

- 45 McGonigal, J. *About World Without Oil* (n.d). Retrieved February 18, 2015, from World Without Oil: <http://worldwithouthoil.org/metaabout.htm>.
- 46 Haberstroh, M. (2008, April 24), ‘Wii Are Family – Two-Thirds of Parents Say Social Gaming Has a Positive Impact on Family Life’. Retrieved January 10, 2012, from TNS Technology: <http://www.tnsglobal.com/news/news-185D8B66AE3F44C3B60E79E03A469E24.aspx>.
- 47 Seaman, A.M. (2014, March 14), ‘Exercise Video Games May Add to Kids’ Activity: Study’. Retrieved June 26, 2014, from Reuters: <http://uk.reuters.com/article/2014/03/14/us-exercise-video-games-kids-idUKBREA2D1AE20140314>.
- 48 Loyola University Health System (2008, March 22), ‘Virtual-reality Video Game to Help Burn Patients Play Their Way to Pain Relief’. Retrieved June 20, 2014, from *ScienceDaily*: <http://www.sciencedaily.com/releases/2008/03/080319152744.htm>.

ゲームが悪い方向に向かうとき

- 49 Stilphen, S., *Bob Whitehead* (n.d.). Retrieved April 21, 2014, from DP Interviews, Digital Press: http://www.digitpress.com/library/interviews/interview_bob_Whitehead.html.
- 50 Kent, S. (2001), *The Ultimate History of Video Games: The Story behind the Craze that Touched our Lives and Changed the World* (pp. 550–51). Roseville, CA: Prima Publishing/Random House.
- 51 Parkin, S. (2012, April 22), ‘Don’t Blame Video Games for Anders Behring Breivik’s Massacre’. Retrieved May 17, 2014, from the *Guardian*: <http://www.theguardian.com/commentisfree/2012/apr/22/video-games-anders-breivik-massacre>.
- 52 Twenge, J.M. and Campbell, W.K. (2009), *The Narcissism Epidemic: Living in the Age of Entitlement* (pp. 199–200). New York: NY: Free Press; also see Twenge, J.M. and Campbell, W.K. (2003), “‘Isn’t it Fun to get the Respect that we’re Going to Deserve?’ Narcissism, Social Rejection, and Aggression’, *Personality and Social Psychology Bulletin*, 29(2). Retrieved June 23, 2014, from <http://www.ncbi.nlm.nih.gov/pubmed/15272953>.
- 53 Von Drehle, D. (2007, April 19), ‘It’s All About Him’. Retrieved June 23, 2014, from *Time*: <http://content.time.com/time/magazine/article/0,9171,1612688,00.html>.
- 54 (1982, November 10), ‘Video Game Warning From Surgeon General’, *San Francisco Chronicle*, p. 7.
- 55 Chomik, A., ‘Top 10: Most Violent Video Games’ (n.d.). Retrieved December 31, 2011, from AskMen Web Site: http://www.askmen.com/top_10/videogame/top-10-most-violent-video-games.html.
- 56 Huesmann L.R. (2006), ‘The Role of Media Violence in Violent Behaviour’, *Annual Review of Public Health*, 27, 393–415. Retrieved from: <http://bscw-app1.let.ethz.ch/pub/bscw.cgi/d5907573/HuesmannTaylor-The%20Role%20of%20Media%20Violence%20in%20Violent%20Behavio.pdf>.
- 57 Carr, N.G. (2010), *The Shallows: What the Internet Is Doing to Our Brains* (p. 213). New York: W.W. Norton. (N・G・カー『ネットバカ——インターネットが私たちの脳にしていること』青土社)
- 58 Kent, S. (2001), *The Ultimate History of Video Games: The Story behind the Craze that Touched our Lives and Changed the World* (pp. 4–6, 116, 166). Roseville, CA: Prima Publishing/Random House.

アメリカ軍はウェブ2・0方向へ

- 59 Dretzin, R. (Director) (2010), *Digital Nation: Life on the Virtual Frontier* [documentary]. United States: PBS Films [Frontline].
- 60 Barcott, R., personal communication, January 26, 2012.
- 61 Dretzin, R. (Director) (2010), *Digital Nation: Life on the Virtual Frontier* [documentary].

United States: PBS Films [Frontline].

- 62 Card, O.S. (1994), *Ender's Game*. New York: Tor Science Fiction. (オーソン・スコット・カード『エンダーのゲーム』早川書房)
- 63 *Digital Nation: Life on the Virtual Frontier*, op. cit.

| 12 | 膨れあがる自己愛——権利 vs 現実

- 1 Ashliman, D.L. (2003), *Aesop's Fables* (introduction). New York: Barnes & Noble Books.
- 2 Sherman, D. K. and Cohen, G. L. (2006), 'The Psychology of Self-defense: Self-affirmation Theory', *Advances in Experimental Psychology* (38), 183–242.
- 3 Carlin, G. (1990), 'Euphemisms', on *Parental Advisory: Explicit Lyrics* [CD]. Tarzana, California: Atlantic/Laugh.
- 4 Twenge, J.M. and Campbell, W.K. (2009), *The Narcissism Epidemic: Living in the Age of Entitlement* (pp. 47, 83). New York, NY: Free Press. (J・M・トウインギ、M・K・キャンベル『自己愛過剰社会』河出書房新社)
- 5 Coughlan, S. (2014, January 21). 'University Grade Inflation Disputed'. Retrieved October 13, 2014, from BBC News: <http://www.bbc.com/news/education-25811702>.
- 6 Erikson, E.H. (1994), *Identity: Youth and Crisis*. New York, NY: W.W. Norton & Company. (E・H・エリクソン『アイデンティティ 青年と危機』金沢文庫)
- 7 Sax, L. (2010), *Girls on the Edge: The Four Factors Driving the New Crisis for Girls* (pp. 189–90). New York: Basic Books; and Bly, R. and Woodman, M. (1998), *The Maiden King* (p. 20). New York: Henry Holt & Co.; and as the source of this idea, Pearce, J.C. (1992), *Evolution's End: Claiming the Potential of Our Intelligence* (p. 190). New York: HarperCollins.
- 8 Yahr, E. (2014, May 5), 'Five Times Louis C.K. got Really Philosophical on Late-night Talk Shows'. Retrieved May 23, 2014, from the *Washington Post*: <http://www.washingtonpost.com/blogs/style-blog/wp/2014/05/05/five-times-louis-c-k-got-really-philosophical-on-late-night-talk-shows/>.
- 9 Twenge, J.M., Campbell, W.K., and Gentile, B. (2012), 'Changes in Pronoun Use in American Books and the Rise of Individualism, 1960–2008' (p. 406), *Journal of Cross-Cultural Psychology*, 44(3). Retrieved June 12, 2014, from <http://web.natur.cuni.cz/~houdek3/papers/Twenge%20et%20al%202013.pdf>.
- 10 Eagan, K., Lozano, J.B., Hurtado, S., and Case, M.H., *The American Freshman: National Norms Fall 2013* (2014, March) (p. 4). Retrieved June 11, 2014, from The Higher Education Research Institute, The Cooperative Institutional Research Programme, University of California, Los Angeles: <http://www.heri.ucla.edu/briefs/TheAmericanFreshman2013-Brief.pdf>.
- 11 '2012 Report Card on the Ethics of American Youth' (2012, November 20) (pp. 12,

18). Retrieved June 5, 2014, from Character Counts: <http://charactercounts.org/pdf/reportcard/2012/ReportCard-2012-DataTables-HonestyIntegrityCheating.pdf>.

ただでミルクが手に入るのに、牛を買う理由がどこにある？

- 12 Hvistendahl, M. (2011), *Unnatural Selection Choosing Boys Over Girls, and the Consequences of a World Full of Men* (p. xiii). New York, NY: PublicAffairs. (マーラ・ヴィステンダー『女性のいない世界——性比不均衡がもたらす恐怖のシナリオ』講談社)
- 13 Tierney, J. (2007, August 20), ‘Is There Anything Good About Men? And Other Tricky Questions’. Retrieved June 16, 2014, from the *New York Times*: http://tierneylab.blogs.nytimes.com/2007/08/20/is-there-anything-good-about-men-and-other-tricky-questions/?_php=true&_type=blogs&_r=0.
- 14 Baumeister, R. (2010), *Is There Anything Good About Men?: How Cultures Flourish by Exploiting Men* (p. 63). New York, NY: Oxford University Press; also see Wilder, J.A., Mobasher, Z., and Hammer, M.F. (2004), ‘Genetic Evidence for Unequal Effective Population Sizes of Human Females and Males’, *Molecular Biology and Evolution*, 21(11). Retrieved June 16, 2014, from <http://mbe.oxfordjournals.org/content/21/11/2047.full.pdf+html>.
- 15 Maywell, H. (2003, February 14), ‘Genghis Khan a Prolific Lover, DNA Data Implies’. Retrieved November 20, 2014, from *National Geographic*: http://news.nationalgeographic.com/news/2003/02/0214_030214_genghis.html.
- 16 Gurwitz, J.H. (2005), ‘The Age/Gender Interface in Geriatric Pharmacotherapy’, *Journal of Women’s Health*, 12(1). Retrieved June 18, 2014, from <http://www.ncbi.nlm.nih.gov/pubmed/15692280>.
- 17 *Statistics and Indicators on Women and Men, Table 1a*. (2012). Retrieved June 17, 2014, from Demographics and Social Statistics, United Nations: <http://unstats.un.org/unsd/Demographic/products/indwm/>.
- 18 Ibid., *Table 1b*; and *The World Factbook, Age Structure* (2013). Retrieved June 17, 2014, from Central Intelligence Agency: <https://www.cia.gov/library/publications/the-world-factbook/fields/2010.html>.
- 19 Bolick, K. (2011, November), ‘All the Single Ladies’, *Atlantic magazine*, 124.
- 20 *Statistics and Indicators on Women and Men, Table 1c* (2012). Retrieved June 17, 2014, from Demographics and Social Statistics, United Nations: <http://unstats.un.org/unsd/Demographic/products/indwm/>.
- 21 Sax, L. (2010), *Girls on the Edge: The Four Factors Driving the New Crisis for Girls* (pp. 34–5). New York: Basic Books.
- 22 Weiss, R. (2014, July 10), ‘Narcissism, Porn Use, and Addiction’. Retrieved July 26, 2014, from PsychCentral: <http://blogs.psychcentral.com/sex/2014/07/narcissism-porn-use->

and-addiction/; also see Kasper, T.E., Short, M.B., and Milam, A.C. (2014), ‘Narcissism and Internet Pornography Use’, *Journal of Sex and Marital Therapy*.

| 13 | 女性の隆盛？

- 1 Bolick, K. (2011, November), ‘All the Single Ladies’, *Atlantic magazine*, 120, 126; and 4 per cent to 23 per cent statistic: Wang, W., Parker, K., and Taylor, P. (2013, May 29), ‘Chapter 3: Married Mothers Who Out-Earn Their Husbands’. Retrieved September 28, 2014, from Pew Research Center: <http://www.pewsocialtrends.org/2013/05/29/chapter-3-married-mothers-who-out-earn-their-husbands/>.
- 2 (2014, September 6), ‘Women Beat Men to High-skilled Jobs’, *The Times*, pp. 28, 2G.
- 3 Rosen, R. (2001), *The World Split Open: How the Modern Women’s Movement Changed America* (pp. xxiv–xxv, xxix, xxxi, xxxiv). New York, NY: Penguin Books.
- 4 Equal Pay Act 1970 (1970, May 29). Retrieved October 13, 2014, from Legislation.gov.uk: <http://www.legislation.gov.uk/ukpga/1970/41>.
- 5 Sex Discrimination Act 1975 (1975, November 12). Retrieved October 13, 2014, from Legislation.gov.uk: <http://www.legislation.gov.uk/ukpga/1975/65>.
- 6 *A History of Family Planning Services Factsheet* (2011, October 8). Retrieved October 13, 2014, from Family Planning Association: <http://www.fpa.org.uk/factsheets/history-family-planning-services>.
- 7 *Valentina Tereshkova* (n.d.). Retrieved May 27, 2014, from StarChild, NASA: http://starchild.gsfc.nasa.gov/docs/StarChild/whos_who_level2/tereshkova.html.
- 8 *About UNiTE* (n.d.). Retrieved May 27, 2014, from UNiTE to End Violence Against Women, United Nations: <http://www.un.org/en/women/endviolence/about.shtml>.
- 9 *FAQs* (n.d.). Retrieved May 27, 2014, from Olympic.org: <http://registration.olympic.org/en/faq/detail/id/135>.
- 10 *Current Numbers of Women Officeholders* (n.d.). Retrieved May 12, 2014, from Center for American Women and Politics: http://www.cawp.rutgers.edu/fast_facts/levels_of_office/Current_Numbers.php.
- 11 Goldsmith, B. (2014, March 26), ‘Women Struggling to Crack Glass Ceiling in Top UK Companies – Report’. Retrieved October 13, 2014, from Reuters: <http://uk.reuters.com/article/2014/03/26/uk-britain-boardroom-women-idUKBREA2P00320140326>.
- 12 *MPs* (n.d.). Retrieved October 13, 2014, from Parliament.uk: <http://www.parliament.uk/mps-lords-and-offices/mps/?sort=4&type=0>.
- 13 Williams, Z., Adewunmi, B., Khaleeli, H., and Bates, L. (2014, October 28), ‘How Life for Women in Britain is Getting Tougher’. Retrieved November 2, 2014, from the *Guardian*: <http://www.theguardian.com/lifeandstyle/2014/oct/28/how-life-for-women-britain-getting-tougher>.

- 14 Muñoz, C. (2014, April 8), 'Here's What the President is Doing to Close the Pay Gap'. Retrieved April 8, 2014, from The White House, Newsletter. Also see: www.wh.gov/equalpay.
- 15 (2014, April 19–24), 'The Return of the Stay-at-home Mother', the *Economist*, 411(8883), 24. Also see: <http://www.economist.com/news/united-states/21600998-after-falling-years-proportion-mums-who-stay-home-rising-return>.
- 16 *United Kingdom* (n.d.). Retrieved September 23, 2014, from OECD Better Life Index: <http://www.oecdbetterlifeindex.org/countries/united-kingdom/>.
- 17 (2014, April 19–24), 'The Return of the Stay-at-home Mother', the *Economist*, 411(8883), 24. Also see: <http://www.economist.com/news/united-states/21600998-after-falling-years-proportion-mums-who-stay-home-rising-return>.

ジェンダー民主主義は必要か？

- 18 Rosen, R. (2001), *The World Split Open: How the Modern Women's Movement Changed America* (p. 78). New York, NY: Penguin Books.
- 19 Parker, K. and Wang, W. (2013, March 14), *Modern Parenthood*. Retrieved June 7, 2014, from Pew Research Center: <http://www.pewsocialtrends.org/2013/03/14/modern-parenthood-roles-of-moms-and-dads-converge-as-they-balance-work-and-family/>.
- 20 *Anne-Marie Slaughter* (n.d.). Retrieved May 27, 2014, from Princeton University: <http://www.princeton.edu/~slaughtr/>.
- 21 Slaughter, A. (2012, June 13), 'Why Women Still Can't Have It All'. Retrieved May 23, 2014, from the *Atlantic*: http://www.theatlantic.com/magazine/archive/2012/07/why-women-still-cant-have-it-all/309020/?single_page=true.
- 22 *Paternity Pay and Leave* (2014, October 1). Retrieved October 2014, from Gov.uk: <https://www.gov.uk/paternity-pay-leave/overview>; and *Maternity Pay and Leave* (2014, July 29). Retrieved October 9, 2014, from Gov.uk: <https://www.gov.uk/maternity-pay-leave>.

重複する課題

- 23 *Adult Risk Factors: Obesity, Blood Sugar, Blood Pressure Data by Country* (2013). Retrieved May 30, 2014, from World Health Organization: <http://apps.who.int/gho/data/node.main.NCD56?lang=en>.
- 24 Twenge, J.M. and Campbell, W.K. (2009), *The Narcissism Epidemic: Living in the Age of Entitlement* (pp. 2, 31). New York, NY: Free Press. (J・M・トゥインギ、M・K・キャンベル『自己愛過剰社会』河出書房新社)
- 25 'Gender Divide Reaching Male vs. Female Millennials' (2012, September 14). Retrieved April 28, 2014, from Nielsen: <http://www.nielsen.com/us/en/newswire/2012/gender-divide-reaching-male-vs-female-millennials.html>.

- 26 *Bechdel Test Movie List* (2014). Retrieved May 27, 2014, from Bechdel Test: <http://bechdeltest.com>.
- 27 Agnello, A.J., Keiser, J., Nelson, S., Sanskrit, D., and Teti, J. (2012, July 18), 'Something Other than a Man: 15 Games that Pass the Bechdel Test'. Retrieved May 27, 2014, from The Gameological Society: <http://gameological.com/2012/07/something-other-than-a-man-15-games-that-pass-the-bechdel-test/>.
- 28 *Stats* (2014). Retrieved May 27, 2014, from Bechdel Test: <http://bechdeltest.com/statistics/>.
- 29 'Swedish Cinemas Take Aim at Gender Bias with Bechdel Test Rating' (2013, November 6). Retrieved May 27, 2014, from the *Guardian*: <http://www.theguardian.com/world/2013/nov/06/swedish-cinemas-bechdel-test-films-gender-bias>.
- 30 Lenhart, A., Ling, R., Campbell, S., and Purcell, K. (2010, April 20), *Teens and Mobile Phones*. Retrieved June 7, 2014, from Pew Research Center: <http://www.pewinternet.org/2010/04/20/teens-and-mobile-phones/>.
- 31 Crocker, L. (2013, November 13), *Why Women Don't Like Lady Bosses*. Retrieved September 28, 2014, from the Daily Beast: <http://www.thedailybeast.com/witw/articles/2013/11/13/why-do-women-say-they-don-t-like-working-for-female-bosses.html>.
- 32 Haworth, A. (2013, October 19), 'Why Have Young People in Japan Stopped Having Sex?'. Retrieved April 27, 2014, from the *Guardian*: <http://www.theguardian.com/world/2013/oct/20/young-people-japan-stopped-having-sex>.
- 33 Pelletier, D. (2012, November 13), *Artificial Wombs: Is a Sexless Reproduction Society in our Future?*. Retrieved November 25, 2014, from Institute for Ethics & Emerging Technologies: <http://ieet.org/index.php/IEET/more/pelletier20121113>.
- 34 Antenucci, A. and Li, D.K. (2014, April 10), 'More Young Women Choosing Dogs over Motherhood'. Retrieved April 12, 2014 from *New York Post*: <http://nypost.com/2014/04/10/more-young-women-choosing-dogs-over-motherhood/>.
- 35 Wang, W. and Parker, K. (2014, September 24), *Record Share of Americans Have Never Married*. Retrieved September 28, 2014, from Pew Research Center: <http://www.pewsocialtrends.org/2014/09/24/record-share-of-americans-have-never-married/>.
- 36 Gentry, J. (2014, September 25), 'Who Pays for the First Date? Survey Says Men Should'. Retrieved September 28, 2014, from *USA Today*: <http://www.usatoday.com/story/news/nation/2014/09/25/survey-who-pays-for-first-date/16195739/>.

地雷と卵の殻

- 37 White, M.D. (2013, August 25), 'Why Men Find It So Hard to Understand What Women Want'. Retrieved April 25, 2014, from *Psychology Today*: <http://www.psychologytoday.com/blog/maybe-its-just-me/201308/why-men-find-it-so-hard-understand-what-women>

want.

- 38 'Why Men Find It So Hard to Understand What Women Want: Do Men Know What it's Like to be Desired—and Why Women Value it so Much?' (2014, March 19). Retrieved May 27, 2014, from Reddit: http://www.reddit.com/r/sex/comments/20twqv/why_men_find_it_so_hard_to_understand_what_women/cg837ak.
 - 39 Retrieved June 9, 2014, from Candida Royalle: <http://candidaroyalle.com>.
 - 40 Retrieved June 9, 2014, from Annie Sprinkle: <http://anniesprinkle.org>.
 - 41 Levy, A., 'The Prisoner of Sex' (n.d.). Retrieved June 9, 2014, from *New York Magazine*: <http://nymag.com/nymetro/news/people/features/11907/>.
 - 42 Levy, A. (2006), *Female Chauvinist Pigs: Women and the Rise of Raunch Culture* (p. 168–9). New York: Free Press.
 - 43 Ibid. (pp. 162, 169, 199).
 - 44 Ibid. (pp. 163–4).
 - 45 Hastings, C. (2014, April 26), 'Germaine Greer: Twitter Trolls and Online Porn Mean We've Never Had it so Bad as Women'. Retrieved June 9, 2014, from *Daily Mail*: <http://www.dailymail.co.uk/news/article-2614067/Germaine-Greer-Twitter-trolls-online-porn-mean-weve-never-bad-women.html>.
- 言語と解放は等しくない。解放と等しいのは解放
- 46 Cohen, N. (2014, April 7), 'You Sexist/Racist/Liberal/Elitist Bastard! How Dare You?'. Retrieved May 8, 2014, from the *Spectator*: <http://blogs.spectator.co.uk/nick-cohen/2014/04/you-sexist-racist-liberal-elitist-bastard-how-dare-you/>.
 - 47 Hess, A. (2014, April 3), 'Mississippi Sex Ed Class Compares Women to Dirty Pieces of Chocolate'. Retrieved May 8, 2014, from Slate: http://www.slate.com/blogs/xx_factor/2014/04/03/mississippi_sex_ed_class_compares_women_to_dirty_peppermint_patties.
 - 48 Boardman, M. (2014, April 24), 'Beyonce Covers Time's 100 Most Influential People Issue'. Retrieved May 22, 2014, from *US Weekly*: <http://www.usmagazine.com/entertainment/news/beyonce-covers-times-100-most-influential-people-issue-2014244>. See also: <http://time.com/time100-2014/>.
 - 49 Jones, R., 'Why Is Everyone Getting Naked? Rashida Jones on the Pornification of Everything' (n.d.). Retrieved April 30, 2014, from *Glamour*: <http://www.glamour.com/entertainment/2013/12/rashida-jones-major-dont-the-pornification-of-everything>.
 - 50 Moran, C. (2012), *How to Be a Woman* (p. 301). New York, NY: Harper Perennial.
 - 51 Levy, A. (2006), *Female Chauvinist Pigs: Women and the Rise of Raunch Culture* (p. 200). New York: Free Press.

娘たちに教えたこと

- 52 McFadden, C. and Whitman, J. (2014, March 10), ‘Sheryl Sanberg Launches “Ban Bossy” Campaign to Empower Girls to Lead’. Retrieved April 28, 2014, from *Good Morning America*, ABC News: <http://abcnews.go.com/US/sheryl-sandberg-launches-ban-bossy-campaign-empower-girls/story?id=22819181>.
- 53 Note: *Cosmopolitan*, *Glamour*, *Redbook*, *Seventeen*, *US Weekly*, *InStyle*, *Shape*, *Self*, *Weight Watchers*, *Vogue*, *Vanity Fair*, *Allure*, *Elle*, *Lucky*, *Teen Vogue* and *Marie Claire* all ranked higher than *Forbes*, the *Economist* and *Working Mother* in magazine circulation.
See: *Total Circ: Consumer Magazines* (n.d.). Retrieved April 30, 2014, from Alliance for Audited Media: <http://abcas3.auditedmedia.com/ecirc/magtitlesearch.asp>.
- 54 Note: *Good Housekeeping*, *Woman & Home*, *OK! Magazine*, *Cosmopolitan*, *HELLO!*, *Prima* and *Marie Claire* all had more subscribers than any version of the *Economist* (the continental Europe edition had 246,451 subscribers and the UK edition had 217,265 subscribers).
See: *PPA Combined Circulation Chart (CCC)* (2013, February 14). Retrieved October 10, 2014, from the Professional Publishers Association (PPA): <http://www.ppa.co.uk/marketing/abc/abc-combined-circulation-chart/>.
- 55 Gilbert, E. (2010), *Committed: A Skeptic Makes Peace With Marriage* (pp. 188–9). New York, NY: Penguin Group, Inc.
- 56 Pryor, J.H., et al. (2013, January), *The American Freshman: National Norms Fall 2012* (pp. 14–15). Retrieved June 11, 2014, from the Higher Education Research Institute, the Cooperative Institutional Research Programme, University of California, Los Angeles: <http://www.heri.ucla.edu/monographs/TheAmericanFreshman2012.pdf>.

| 14 | 家父長制神話

- 1 Brand, N. (2013, July 18), ‘Men Must Be Needed Because We Can’t Be Wanted’. Retrieved June 17, 2014, from the Good Men Project: <http://goodmenproject.com/ethics-values/brand-men-must-be-needed-because-we-cant-be-wanted/>.
- 2 Planty, M., et al., US Department of Education, Institute of Education Sciences (2009), *The Condition of Education 2009* (NCES 2009-081), 118. Retrieved from National Center for Education Statistics: <http://nces.ed.gov/pubs2009/2009081.pdf>.
- 3 Livingston, G. (2014, June 5), *Growing Number of Dads Home with the Kids*. Retrieved June 7, 2014, from Pew Research Center: <http://www.pewsocialtrends.org/2014/06/05/growing-number-of-dads-home-with-the-kids/>.
- 4 Planty, M., et al., US Department of Education, Institute of Education Sciences (2009), *The Condition of Education 2009* (NCES 2009-081), 99, 101. Retrieved from National Center for Education Statistics: <http://nces.ed.gov/pubs2009/2009081.pdf>.

- 5 'GCSE Results 2013: The Complete Breakdown' (2013, August 22). Retrieved October 10, 2014, from the *Guardian*: <http://www.theguardian.com/news/datablog/2013/aug/22/gcse-results-2013-the-complete-breakdown>.
- 6 Farrell, W. (2001), *The Myth of Male Power: Why Men are the Disposable Sex* (p. 34). New York: Berkeley Books. (ワレン・ファレル『男性権力の神話——《男女差別》の可視性と撤廃のための学問』作品社)
- 7 Retrieved May 20, 2014, from Scholarships.com: <https://www.scholarships.com>.
- 8 Kornrich, S. and Furstenberg, F. (2013), 'Investing in Children: Changes in Parental Spending on Children, 1972–2007' (pp.19–20), *Demography*, 50(1). Retrieved June 7, 2014, from <http://www.ncbi.nlm.nih.gov/pubmed/22987208>.
- 9 Kitroeff, N. (2014, February 7), 'Investing (More) in Daughters'. Retrieved June 5, 2014, from *New York Times*: http://www.nytimes.com/2014/02/09/education/edlife/investing-more-in-daughters.html?_r=0.

パワーとは何か？

- 10 Hartmann, H. (1976), 'Capitalism, Patriarchy, and Job Segregation by Sex', *Women and the Workplace: The Implications of Occupational Segregation*, 1(3). Retrieved May 22, 2014, from <http://www.jstor.org/discover/10.2307/3173001?uid=3739632&uid=2&uid=4&uid=3739256&sid=21104059578957>; and Reilly, K. (1995), *Readings in World Civilizations*. New York, NY: St Martin's Press. See Elise Boulding's essay, 'Women and the Agricultural Revolution', pp. 21–5.
- 11 *Life Expectancy: Life Expectancy Data by World Bank Income Group* (n.d.). Retrieved May 6, 2014, from Global Health Observatory Data Repository, World Health Organization: <http://apps.who.int/gho/data/view.main.700?lang=en>.
- 12 Note: Poor women will live an average of 2.6 years (5 per cent) longer than poor men, and wealthy women will live an average of 7 years (10 per cent) longer than wealthy men. See: Kincel, B. (2010, April), *The Centenarian Population: 2007–2011*. From American Community Survey Briefs, US Census Bureau (ACSB/12-18).
- 13 Arnst, C. (2007, June 13), 'A Gender Gap in Cancer'. Retrieved May 7, 2014, from *BusinessWeek*: <http://www.businessweek.com/stories/2007-06-13/a-gender-gap-in-cancerbusinessweek-business-news-stock-market-and-financial-advice>; and Parker-Pope, T. (2008, March 6), 'Cancer Funding: Does It Add Up?' Retrieved May 7, 2014, from the *New York Times*: http://well.blogs.nytimes.com/2008/03/06/cancer-funding-does-it-add-up/?_php=true&_type=blogs&_r=0.
- 14 Murphy, S.L., Xu, J., and Kochanek, K.D. (2013, May 8), *Deaths: Final Data for 2010*. Retrieved May 22, 2014, from National Vital Statistics Reports, Centers for Disease Control and Prevention: http://www.cdc.gov/nchs/data/nvsr/nvsr61/nvsr61_04.pdf.

- 15 *Suicide: Facts at a Glance* (2012). Retrieved June 20, 2014, from National Center for Injury Prevention and Control, Division of Violence Prevention, Centers for Disease Control and Prevention: http://www.cdc.gov/violenceprevention/pdf/suicide_datasheet-a.pdf.
- 16 Siddique, H. (2014, February 18), 'Male Suicide Rate in UK Discovered to be 3½ Times That of Women'. Retrieved October 13, 2014, from the *Guardian*: <http://www.theguardian.com/society/2014/feb/18/male-suicides-three-times-women-samaritans-bristol>.
- 17 *Census of Fatal Occupational Injuries Summary, 2012* (2013, August 22). Retrieved May 6, 2014, from Bureau of Labor Statistics, US Department of Labor (USDL-13-1699): <http://www.bls.gov/news.release/foi.nr0.htm>.
- 18 *Reported Injuries to Men Employees in Great Britain by Age of Injured Person and Severity of Injury* (2013, October). Retrieved October 13, 2014, from Health and Safety Executive: <http://www.hse.gov.uk/Statistics/tables/index.htm>; and *Reported Injuries to Women Employees in Great Britain by Age of Injured Person and Severity of Injury* (2013, October). Retrieved October 13, 2014, from Health and Safety Executive: <http://www.hse.gov.uk/Statistics/tables/index.htm>.
- 19 *Who is Homeless?* (2009, July). Retrieved May 7, 2014, from National Coalition for the Homeless: <http://www.nationalhomeless.org/factsheets/who.html>.
- 20 'Support for Single Homeless People in England, 2014' (2014, April 24) (p. 9). Retrieved October 13, 2014, from Homeless Link: <http://www.homeless.org.uk/sites/default/files/site-attachments/Support%20for%20Single%20Homeless%20People.pdf>.

タブー

- 21 Knox, B. (2014, February 21), 'I'm the Duke University Freshman Porn Star and for the First Time I'm Telling the Story in my Words'. Retrieved April 26, 2014, from xojane: <http://www.xojane.com/sex/duke-university-freshman-porn-star>.
- 22 *Statistics on Women and the Criminal Justice System* (p. 16) (2010, November). Retrieved October 14, 2014, from Ministry of Justice, Gov.uk: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/217824/statistics-women-cjs-2010.pdf.
- 23 Rutherford, T. (2014, September 26), *Defence personnel statistics* (p. 9). Retrieved October 14, 2014, from Parliament.uk.
- 24 Daniels, N. (2014, January 6), 'An Open Letter to Bearded Hipsters'. Retrieved April 26, 2014, from the Nicki Daniels Interview: <http://nickidaniels.com/2014/01/06/beardedhipsters/>.
- 25 McCarthy, A. (2011, August 4), 'Dealbreaker: He Won't Go Down on Me'. Retrieved April 26, 2014, from *Good: Creative Solutions for Living Well + Doing Good*: <http://>

- magazine.good.is/articles/dealbreaker-he-won-t-go-down-on-me; and Michael, D., 'Dating Younger Men can be Exciting for Women in their 40's & Up' (n.d.). Retrieved April 26, 2014, from YourTango: <http://www.yourtango.com/experts/dawn-michael/dating-younger-men-can-be-exciting-women-her-40-s>; and (2014, September 27–October 3), 'Fare Ladies', the *Economist*, 412(8906), 33; also see: <http://www.economist.com/news/united-states/21620229-new-car-service-offers-lifts-women-women-fare-ladies>; and Barreca, R. (2011, November 8), 'Why Women Should Pay Lower Taxes'. Retrieved April 26, 2014, from *Psychology Today*: <http://www.psychologytoday.com/blog/snow-white-doesnt-live-here-anymore/201111/why-women-should-pay-lower-taxes>.
- 26 *Who Must Register* (n.d.). Retrieved April 26, 2014, from Selective Service System: <https://www.sss.gov/FSwho.htm>.
- 27 Cryer, P., *The Start of Peace-Time National Service in Britain* (n.d.). Retrieved October 14, 2014, from 1900s.org.uk: <http://www.1900s.org.uk/1949-1960-national-service.htm>.
- 28 Beck, A.J., Berzofsky, M., Caspar, R., and Krebs, C. (2013, May), *Sexual Victimization in Prisons and Jails Reported by Inmates, 2011–12*. Retrieved April 26, 2014, from Bureau of Justice Statistics, US Department of Justice (NCJ 241399): <http://www.bjs.gov/content/pub/pdf/svpjri1112.pdf>; and Berzofsky, M., Krebs, C., Langton, L., Planty, M., and Smiley-McDonald, H. (2013, March 7), *Female Victims of Sexual Violence, 1994–2010*. Retrieved April 26, 2014, from Bureau of Justice Statistics, Office of Justice Programmes, US Department of Justice (NCJ 240655): <http://www.bjs.gov/index.cfm?ty=pbdetail&iid=4594>.
- 29 Walsh, A. (2004), *Race and Crime: A Biosocial Analysis* (pp. 23–5). Hauppauge, NY: Nova Biomedical.
- 30 *Forcible Rape* (2011). Retrieved April 26, 2014, from Federal Bureau of Investigation: <http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2011/crime-in-the-u.s.-2011/violent-crime/forcible-rape>.
- 31 *Sexual Violence: Facts at a Glance 2012* (n.d.). Retrieved April 26, 2014, from National Center for Injury Prevention and Control, Division of Violence Prevention, Centers for Disease Control and Prevention (CDC): <http://www.cdc.gov/violenceprevention/pdf/sv-datasheet-a.pdf>.
- 32 *Male Victims of Domestic and Partner Abuse 25 Key Facts* (2014, February). Retrieved May 27, 2014, from ManKind Initiative: [http://www.mankind.org.uk/pdfs/25%20Key%20Facts_Feb%202014%20\(final\).pdf](http://www.mankind.org.uk/pdfs/25%20Key%20Facts_Feb%202014%20(final).pdf).
- 33 *United Kingdom* (n.d.). Retrieved September 23, 2014, from OECD Better Life Index: <http://www.oecdbetterlifeindex.org/countries/united-kingdom/>.
- 34 *Male Victims of Violence* (n.d.). Retrieved April 26, 2014, from National Coalition Against Domestic Violence: <http://www.ncadv.org/files/MaleVictims.pdf>.

35 VenerableB, (2014, March 26), ‘Why Rape Is Sincerely Hilarious’. Retrieved May 27, 2014, from YouTube: <https://www.youtube.com/watch?v=Ikd0ZYQoDko>.

みんなのための正義？

36 ‘Attorney General Eric Holder Delivers Remarks at the Annual Meeting of the American Bar Association’s House of Delegates’ (2013, August 12). Retrieved April 26, 2014, from Justice News, US Department of Justice: <http://www.justice.gov/iso/opa/ag/speeches/2013/ag-speech-130812.html>.

37 Gold, A.R. (1989, July 2), ‘Sex Bias Is Found Pervading Courts’. Retrieved April 26, 2014, from the *New York Times*: <http://www.nytimes.com/1989/07/02/us/sex-bias-is-found-pervading-courts.html>.

38 ‘Men Sentenced To Longer Prison Terms Than Women For Same Crimes, Study Says’ (2012, September 11). Retrieved April 26, 2014, from Huffington Post: http://www.huffingtonpost.com/2012/09/11/men-women-prison-sentence-length-gender-gap_n_1874742.html.

39 Farrell, W. (2001), *The Myth of Male Power: Why Men are the Disposable Sex* (p. 244). New York: Berkeley Books. (ワレン・ファレル『男性権力の神話——《男女差別》の可視性と撤廃のための学問』作品社)

40 *Female Offender Programs and Services* (n.d.). Retrieved April 26, 2014, from California Department of Corrections & Rehabilitation: http://www.cdcr.ca.gov/Adult_operations/FOPS/index.html.

41 *Prison: The Facts* (pp. 3–5) (2013). Retrieved October 14, 2014, from Prison Reform Trust: <http://www.prisonreformtrust.org.uk/Portals/0/Documents/Prisonthefacts.pdf>.

42 *Daily Hansard* – Westminster Hall. Retrieved April 26, 2014, from House of Commons Hansard Debates for October 16, 2012 (pt 0002), United Kingdom Parliament: <http://www.publications.parliament.uk/pa/cm201213/cmhansrd/cm121016/halltext/121016h0002.htm>.

43 *Prison: The Facts* (pp. 1, 5, 8, 9) (2013). Retrieved October 14, 2014, from Prison Reform Trust: <http://www.prisonreformtrust.org.uk/Portals/0/Documents/Prisonthefacts.pdf>.

44 Sylla, M., Harawa, N., and Reznick, O.G. (2010), ‘The First Condom Machine in a US Jail: The Challenge of Harm Reduction in a Law and Order Environment’, *American Journal of Public Health*, 100(6). Retrieved April 26, 2014, from <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2866591/>.

いわゆる賃金格差をなくす困難さ

45 Farrell, W. (2001), *The Myth of Male Power: Why Men are the Disposable Sex* (p. 107). New York: Berkeley Books. (ワレン・ファレル『男性権力の神話——《男女差別》の可視

性と撤廃のための学問』作品社)

- 46 Crooke, C. (2013, June), 'Women in Law Enforcement'. Retrieved April 10, 2014, from COPS e-newsletter, US Department of Justice: http://cops.usdoj.gov/html/dispatch/07-2013/women_in_law_enforcement.asp; and *Preventing Law Enforcement Officer Suicide*. Retrieved April 10, 2014, from International Association of Chiefs of Police: <http://www.theiacp.org/Preventing-law-Enforcement-officer-suicide>.
- 47 Christakis, E. (2012, October 4), 'Why Are Women Biased Against Other Women?' Retrieved April 10, 2014, from *Time*: <http://ideas.time.com/2012/10/04/womens-inhumanity-to-women/>; and Pollack, E. (2013, October 3), 'Why Are There Still So Few Women in Science?' Retrieved April 10, 2014, from the *New York Times*: <http://www.nytimes.com/2013/10/06/magazine/why-are-there-still-so-few-women-in-science.html?pagewanted=1&r=5&>.
- 48 *The Myth of the 'Queen Bee': Work and Sexism* (2011, June 20). Retrieved December 4, 2014, from Association for Psychological Science: <http://www.psychologicalscience.org/index.php/news/releases/the-myth-of-the-queen-bee-work-and-sexism.html>.
- 49 Farrell, W. (2001), *The Myth of Male Power: Why Men are the Disposable Sex* (p. 131). New York: Berkeley Books. (ワレン・ファレル『男性権力の神話——《男女差別》の可視性と撤廃のための学問』作品社)

シンメトリーな男女関係はセクシーでない

- 50 Groysberg, B. and Abrahams, R. (2014, March), 'Manage Your Work, Manage Your Life'. Retrieved April 28, 2014, from *Harvard Business Review*: <http://hbr.org/2014/03/manage-your-work-manage-your-life/ar/5>.
- 51 Gottlieb, L. (2014, February 6), 'Does a More Equal Marriage Mean Less Sex?'. Retrieved April 28, 2014, from the *New York Times*: http://www.nytimes.com/2014/02/09/magazine/does-a-more-equal-marriage-mean-less-sex.html?_r=1.
- 52 Moore, T. (2014, February 9), 'What if Equality Is the Biggest Bonerkiller of All?'. Retrieved April 28, 2014, from Jezebel: http://jezebel.com/what-if-equality-is-the-biggest-bonerkiller-of-all-1518482932?utm_campaign=socialflow_jezebel_facebook&utm_source=jezebel_facebook&utm_medium=socialflow.
- 53 O'Keefe, V. (2014, August 12), 'A Stay-at-Home Dad Reports on the Mommy Wars'. Retrieved September 23, 2014, from *Time*: <http://time.com/3104852/working-moms-stay-at-home-fathers/>.

| 15 | 経済の沈滞

- 1 'Cost of Living in the U.S. Hits Record Highs Not Seen Since Financial Crisis' (2011, March 18). Retrieved January 10, 2012, from *Daily Mail*: <http://www.dailymail.co.uk/>

news/article-1367705/Cost-living-America-hits-record-high-according-Consumer-Price-Index.html.

- 2 Note: Whites are much more uncertain than minorities about what the future holds for them.

See: Brownstein, R. (2012, January 7), 'What the Great Recession Wrought: The State of the U.S. in 3 Years of Polls'. Retrieved January 10, 2012, from the *Atlantic*: <http://www.theatlantic.com/business/archive/2012/01/what-the-great-recession-wrought-the-state-of-the-us-in-3-years-of-polls/251010/>.

- 3 McLaughlin, M.A. (1988, December), *Trends in College Tuition And Student Aid Since 1970* (p. 3), Human Resources and Community Development Division, Congressional Budget Office; and Coder, J.F. and Cleveland, R.W. (1971, July 27), *Household Income in 1970 And Selected Social And Economic Characteristics of Households* (p. 1), US Department of Commerce, Consumer Income Statistics Branch, Population Division, US Census Bureau (P60-79); and *Median and Average Sales Prices of New Homes Sold in United States* (n.d.). Retrieved April 28, 2014, from US Census Bureau: <http://www.census.gov/const/uspriceann.pdf>.

- 4 Symonds, W.C., Schwartz, R.B., and Ferguson, R. (2011, February), 'Pathways to Prosperity: Meeting the Challenge of Preparing Young Americans for the 21st Century' (p. 2). Retrieved May 30, 2014, from Report issued by the Pathways to Prosperity Project, Harvard Graduate School of Education: http://www.gse.harvard.edu/news_events/features/2011/Pathways_to_Prosperty_Feb2011.pdf.

- 5 Hill, A. (2011, June 17), 'The Cost of Living: 1971 v Today'. Retrieved October 14, 2014, from the *Guardian*: <http://www.theguardian.com/worklifeuk/cost-of-living-1971-today>.

- 6 *UK Labour Market, September 2014* (p. 17) (2014, September 17). Retrieved October 10, 2014, from Office for National Statistics: http://www.ons.gov.uk/ons/dcp171778_374770.pdf.

- 7 *UK Wages Over the Past Four Decades – 2014* (p. 11) (2014, July). Retrieved October 10, 2014, from Office for National Statistics: http://www.ons.gov.uk/ons/dcp171776_368928.pdf.

- 8 *Tuition Costs of Colleges and Universities, Digest of Education Statistics, 2012* (2013). Retrieved April 28, 2014, from US Department of Education, National Center for Education Statistics (NCES 2014-015): <http://nces.ed.gov/fastfacts/display.asp?id=76>; and *Money Income of Households, Families, and Persons in the United States* (1991, August) (p. 1), US Department of Commerce, Economics and Statistics Administration, US Census Bureau (P60-174); and *Median and Average Sales Prices of New Homes Sold in United States* (n.d.). Retrieved April 28, 2014, from US Census Bureau: <http://www.census.gov/const/uspriceann.pdf>.

- 9 Symonds, W.C., Schwartz, R.B., and Ferguson, R. (2011, February), 'Pathways to Prosperity: Meeting the Challenge of Preparing Young Americans for the 21st Century' (p. 2). Retrieved May 30, 2014, from Report issued by the Pathways to Prosperity Project, Harvard Graduate School of Education: http://www.gse.harvard.edu/news_events/features/2011/Pathways_to_Prosperty_Feb2011.pdf.
- 10 Ibid.
- 11 Greenstone, M. and Looney, A. (2011), Trends (p. 11). Retrieved June 8, 2014, from The Milken Institute: http://www.milkeninstitute.org/publications/review/2011_7/08-16MR51.pdf.
- 12 Ibid.
- 13 *Tuition Costs of Colleges and Universities, Digest of Education Statistics, 2012* (2013). Retrieved April 28, 2014, from US Department of Education, National Center for Education Statistics (NCES 2014-015): <http://nces.ed.gov/fastfacts/display.asp?id=76>; and *Median and Average Sales Prices of New Homes Sold in United States* (n.d.). Retrieved April 28, 2014, from US Census Bureau: <http://www.census.gov/const/uspriceann.pdf>; and DeNavas-Walt, C., Proctor, B.D., and Smith, J.C. (2011, September), *Income, Poverty, and Health Insurance Coverage in the United States: 2010* (p. 5). US Department of Commerce, Economics and Statistics Administration, US Census Bureau (P60-239).
- 14 *Table 47a Average Regional House Prices* (n.d.). Retrieved October 14, 2014, from University of York: <http://www.york.ac.uk/res/ukhr/ukhr1011/updates/pdf/11-047ab.pdf>.
- 15 *Figure 1: Median Full-time Gross Weekly Earnings in Current and Constant* (2012) Prices, UK, April 1997 to 2012 (n.d.). Retrieved October 14, 2014, from Office for National Statistics: <http://www.ons.gov.uk/ons/rel/ashe/patterns-of-pay/1997-to-2012-ashe-results/patterns-of-pay-2012.html#tab-Trends-in-weekly-earnings>.
- 16 *United Kingdom* (n.d.). Retrieved September 23, 2014, from OECD Better Life Index: <http://www.oecdbetterlifeindex.org/countries/united-kingdom/>.
- 17 Maguire, K. (2014, January 9), 'Where Do You Rank in the Official Earnings List? Figures Reveal Huge Pay Gap between Rich and Poor'. Retrieved October 14, 2014, from Mirror: <http://www.mirror.co.uk/news/uk-news/uk-average-salary-26500-figures-3002995>.
- 18 Osborne, H. (2014, August 19), 'UK House Prices in June Reach New Record High'. Retrieved October 14, 2014, from the *Guardian*: <http://www.theguardian.com/money/2014/aug/19/uk-house-prices-record-high>.
- 19 Matthews, D. (2013, August 8), 'International and Postgraduate Student Fees Survey, 2013'. Retrieved October 14, 2014, from *Times Higher Education*: <http://www.timeshighereducation.co.uk/features/international-and-postgraduate-student-fees>.

survey-2013/2006262.fullarticle.

生活費の高騰が個人と社会の価値を引き下げている

- 20 Hymowitz, C. (2012, January 4), 'Behind Every Great Woman'. Retrieved January 7, 2012, from *BusinessWeek*: <http://www.businessweek.com/magazine/behind-every-great-woman-01042012.html>.
- 21 Mount, F. (2012), *Mind the Gap: The New Class Divide in Britain* (pp. 58–9, 237). Croydon: Short Books (UK) Ltd.
- 22 Ibid. (p. 238).
- 23 Ragan, M. (2011, August 1), 'Mid-Life: Change, Transition and Re-Definition'. Retrieved October 16, 2014, from Psychotherapy & Spirituality Institute: <http://mindspirit.org/articles/mid-life-change-transition-and-re-definition/>.
- 24 Mount, F. (2012), *Mind the Gap: The New Class Divide in Britain* (p. 52). Croydon: Short Books (UK) Ltd.
- 25 Adams, R. (2014, October 5), 'Too Many Schools Fail Pupils from Disadvantaged Backgrounds, Says Report'. Retrieved October 14, 2014, from the *Guardian*: <http://www.theguardian.com/education/2014/oct/06/schools-fail-pupils-disadvantaged-backgrounds>.

Part III

| 16 | 政府ができること

- 1 Bush, M. (2014, January 19), 'Trust in Government Plunges to Historic Low'. Retrieved November 24, 2014, from Edelman: <http://www.edelman.com/news/trust-in-government-plunges-to-historic-low/>.
- 2 Retrieved November 24, 2014, from Twitter: <https://twitter.com>.
- 3 'Postsecondary Success' (n.d.). Retrieved November 24, 2014, from Bill & Melinda Gates Foundation: <http://www.gatesfoundation.org/What-We-Do/US-Programme/Postsecondary-Success>.

父親の役割を支援

- 4 'Fractured Families: Why Stability Matters' (p. 23) (2013, June). Retrieved October 10, 2014, from the Centre for Social Justice: http://www.centreforsocialjustice.org.uk/UserStorage/pdf/Pdf%20reports/CSJ_Fractured_Families_Report_WEB_13.06.13.pdf.
- 5 Martin, D. (2014, January 16), 'A Quarter of British Children are being Raised by a Single Parent, New Figures Reveal'. Retrieved October 10, 2014, from Mail Online: <http://www.dailymail.co.uk/news/article-2540974/Britain-fourth-highest-number-single>

parents-EU.html.

小学校にもっと男性教諭を

- 6 *Bisphenol-A (BPA) Frequently Asked Questions* (n.d.). Retrieved November 24, 2014, from Food Standards Agency: <https://www.food.gov.uk/science/bpa/foodcontactmaterialsbpafaq>.
- 7 *Bisphenol A* (2014, October 27). Retrieved November 24, 2014, from European Food Safety Authority: <http://www.efsa.europa.eu/en/topics/topic/bisphenol.htm>.
- 8 ‘SF Bans Water Bottles’ (2014, March 11). Retrieved November 24, 2014, from San Francisco Bay *Guardian*: <http://www.sfbg.com/2014/03/11/sf-bans-water-bottles>.
- 9 ‘Record Numbers of Men Teaching in Primary Schools – But More Still Needed’ (2012, July 6). Retrieved October 10, 2014, from Gov.uk: <https://www.gov.uk/government/news/record-numbers-of-men-teaching-in-primary-schools-but-more-still-needed>.

学校からジャンクフードを追放

- 10 *Overweight and Obese* (n.d.). Retrieved May 16, 2014, from Centers for Disease Control and Prevention: <http://www.cdc.gov/obesity/data/adult.html>.
- 11 ‘School Ditches Junk Food’ (2014, September 7). Retrieved October 10, 2014, from Mail Online: <http://www.dailymail.co.uk/health/article-207286/School-ditches-junk-food.html>.

学生に先々の人生に備えさせる

- 12 Heckman, J.J. (2011), *The Economics of Inequality: The Value of Early Childhood Education*. Retrieved June 8, 2014, from American Federation of Teachers: <http://www.aft.org/pdfs/americaneducator/spring2011/Heckman.pdf>.
- 13 OECD (2012), *Equity and Quality in Education: Supporting Disadvantaged Students and Schools* (p. 14). Retrieved June 8, 2014, from OECD Publishing: <http://dx.doi.org/10.1787/9789264130852-en>.
- 14 *PISA 2012 Results in Focus: What 15-year olds Know and What They can do with What They Know* (p. 26) (2013). Retrieved June 8, 2014, from Organisation for Economic Co-operation and Development: <http://www.oecd.org/pisa/keyfindings/pisa-2012-results-overview.pdf>.
- 15 Symonds, W.C., Schwartz, R.B., and Ferguson, R. (2011, February), ‘Pathways to Prosperity: Meeting the Challenge of Preparing Young Americans for the 21st Century’ (p. 26). Retrieved May 30, 2014, from Report issued by the Pathways to Prosperity Project, Harvard Graduate School of Education: http://www.gse.harvard.edu/news_events/features/2011/Pathways_to_Prosperty_Feb2011.pdf.

- 16 Paglia, C. (2014, March 13), 'Put the Sex Back in Sex Ed'. Retrieved September 30, 2014, from Time: <http://time.com/23054/camille-paglia-put-the-sex-back-in-sex-ed/>.
- 17 *What a Small Town's Teen Pregnancy Turnaround Can Teach the U.S.* (2014, March 30). Retrieved June 5, 2014, from National Public Radio: <http://www.npr.org/2014/03/30/296441067/what-a-small-towns-teen-pregnancy-turnaround-can-teach-the-u-s>.
- 18 Segal, D. (2014, March 28), 'Does Porn Hurt Children?'. Retrieved October 9, 2014, from the *New York Times*: http://www.nytimes.com/2014/03/29/sunday-review/does-porn-hurt-children.html?_r=0.
- 19 *A Framework for Sexual Health Improvement in England* (2013, March 15). Retrieved October 13, 2014, from Department of Health: https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/142592/9287-2900714-TSO-SexualHealthPolicyNW_ACCESSIBLE.pdf.
- 20 Martin, D. (2014, January 16), 'A Quarter of British Children are being Raised by a Single Parent, New Figures Reveal'. Retrieved October 10, 2014, from Mail Online: <http://www.dailymail.co.uk/news/article-2540974/Britain-fourth-highest-number-single-parents-EU.html>.

| 17 | 学校ができること

- 1 Symonds, W.C., Schwartz, R.B., and Ferguson, R. (2011, February), 'Pathways to Prosperity: Meeting the Challenge of Preparing Young Americans for the 21st Century', (pp. 15, 38). Retrieved May 30, 2014, from Report issued by the Pathways to Prosperity Project, Harvard Graduate School of Education: http://www.gse.harvard.edu/news_events/features/2011/Pathways_to_Prosperty_Feb2011.pdf.
- 2 Ibid.

生活技能を身につける

- 3 *Single-Sex vs. Coed: The Evidence* (n.d.). Retrieved June 8, 2014, from National Association for Single Sex Public Education: <http://www.singlesexschools.org/research-singlesexvscoed.htm>; also see Kessels, U. and Hannover, B. (2008), 'When being a Girl Matters Less: Accessibility of Gender-related Self-knowledge in Single-sex and Coeducational Classes and its Impact on Students' Physics-related Self-concept of Ability', *British Journal of Educational Psychology*, 78 (Pt. 2). Retrieved June 8, 2014, from <http://www.ncbi.nlm.nih.gov/pubmed/17535522>.

双方向性学習のために最新テクノロジーを利用

- 4 Barsheghian, T. (2011, July 20), 'Mobile Learning: Are We on the Cusp of Something

Big?’. Retrieved January 4, 2012, from KQED: <http://mindshift.kqed.org/2011/07/mobile-learning-are-we-on-the-cusp-of-something-big/#more-13850>.

成績のインフレを止める

- 5 Twenge, J.M. and Campbell, W.K. (2009), *The Narcissism Epidemic: Living in the Age of Entitlement* (p. 48). New York, NY: Free Press. (J・M・トゥインギ、M・K・キャンベル『自己愛過剰社会』河出書房新社)

| 18 | 両親にできること

責任感と回復力は子どもの強さの二本柱

- 1 Vaillant, G.E. (2012), *Triumphs of Experience: The Men of the Harvard Grant Study* (p. 126). Cambridge, MA: Belknap Press.
- 2 Rosin, H. (2014, March 19), ‘The Overprotected Kid’. Retrieved June 25, 2014, from the *Atlantic*: http://www.theatlantic.com/features/archive/2014/03/hey-parents-leave-those-kids-alone/358631/#disqus_thread.
- 3 Dweck, C.S. (2006), *Mindset: The New Psychology of Success*. New York, NY: Ballantine Books. (キャロル・S・ドウェック『マインドセット「やればできる！」の研究』草思社)
- 4 Gates, R.M. (2014), *Duty: Memoirs of a Secretary at War* (pp. 14–15). New York, NY: Knopf.

仕事はどうする？

- 5 Symonds, W.C., Schwartz, R.B., and Ferguson, R. (2011, February), ‘Pathways to Prosperity: Meeting the Challenge of Preparing Young Americans for the 21st Century’ (p. 3). Retrieved May 30, 2014, from Report issued by the Pathways to Prosperity Project, Harvard Graduate School of Education: http://www.gse.harvard.edu/news_events/features/2011/Pathways_to_Prospersity_Feb2011.pdf.

勇気を出してタブーの話題に挑戦

- 6 *The Good, the Bad and the Dirty: The iVillage 2013 Married Sex Survey Results* (2013, February 11). Retrieved November 24, 2014, from iVillage: <http://www.ivillage.com/married-sex-survey-results-sex-week/6-b-520245#521337>.
- 7 Vaillant, G.E. (2012), *Triumphs of Experience: The Men of the Harvard Grant Study* (p. 218). Cambridge, MA: Belknap Press.

時間の管理

- 8 Lenhart, A., Ling, R., Campbell, S., and Purcell, K. (2010, April 20), *Teens and Mobile*

Phones. Retrieved June 7, 2014, from Pew Research Center: <http://www.pewinternet.org/2010/04/20/teens-and-mobile-phones/>.

- 9 'National Sleep Foundation 2014 Sleep In America Poll Finds Children Sleep Better When Parents Establish Rules, Limit Technology and Set a Good Example' (2014, March 3). Retrieved June 17, 2014, from National Sleep Foundation: <http://sleepfoundation.org/media-center/press-release/national-sleep-foundation-2014-sleep-america-poll-finds-children-sleep>.
- 10 Clark, N. and Scott, P.S. (2009), *Game Addiction: The Experience and the Effects* (p. 105). Jefferson, North Carolina: McFarland & Company.
- 11 Wright, B. (2014, November 24), 'London is Losing Ground to New York in Battle of the Finance Centres'. Retrieved November 24, 2014, from the Telegraph: <http://www.telegraph.co.uk/finance/11249562/London-is-losing-ground-to-New-York-in-battle-of-the-finance-centres.html>.

| 19 | 男たちにできること

ポルノをスイッチオフ

- 1 Deem, G., personal communication, April 13, 2014.
- 2 Monet, V., personal communication, June 30, 2014.
- 3 Pavlina, S. (2007, April 9), 'Sex Energy'. Retrieved April 14, 2014, from Steve Pavlina: <http://www.stevepavlina.com/blog/2007/04/sex-energy/>.

時間泥棒

- 4 Note: Time Bandit Calculations:

Annual average time a teen male plays video games: Calculation is based on 13 hours per week. (Gentile, D.A., et al., 'The Effects of Violent Video Game Habits on Adolescent Hostility, Aggressive Behaviours, and School Performance,' *Journal of Adolescence*, 27 (2004): 6.)

Learning the foundations of a new language: Per Rosetta Stone, it takes about 40 to 50 hours to complete the content in each level; there are four or five levels per language. Calculation is the average between 160 and 250 hours.

Learning to play guitar with regular practice: According to TheGuitarLesson.com, it takes six months of regular practice to achieve an intermediate level of mastery. Calculation is based on practising 10 hours a week for six months.

Playing a sport during an intramural season: Calculation is based on 4 hours of practice and competition time per week for eight weeks.

Learning to salsa dance: According to DanceSF.com it takes about two four-week

beginner courses to be good enough to dance socially. This calculation is based on 2.5 hours per class plus 2.5 hours of practice per week.

ベッドメイキングを自分でしなさい。小さな達成は大きな達成につながる

- 5 ‘10 Life Lessons From Navy SEAL Admiral McRaven’s Amazing Commencement Speech’ (2014, May 27). Retrieved May 31, 2014, from *Business Insider*: <http://www.businessinsider.com/10-life-lessons-from-navy-seal-2014-5>.
- 6 Kremer, W. (2013, January 3). ‘Does Confidence Really Breed Success?’ Retrieved June 12, 2014, from BBC News: <http://www.bbc.com/news/magazine-20756247>.

内面の力を発見しなさい

- 7 Erikson, E.H. (1994), *Identity: Youth and Crisis* (p. 19). New York, NY: W.W. Norton & Company. (E・H・エリクソン『アイデンティティ——青年と危機』金沢文庫)
- 8 Cameron, J. (1992), *The Artist’s Way: A Spiritual Path to Higher Creativity* (pp. 9–14). New York, NY: Tarcher/Putnam. (ジュリア・キャメロン『ずっとやりたかったことを、やりなさい』サンマーク出版)
- 9 Carr, N.G. (2010), *The Shallows: What the Internet Is doing to Our Brains* (p. 179). New York: W.W. Norton. (N・G・カー『ネットバカ——インターネットが私たちの脳にしていること』青土社)

女性を「ふしだらな女」と罵らない

- 10 Vrangalova, Z. (2014, April 16), ‘Bros, This Is How Your Slut-Shaming Is Backfiring. A Sex Researcher Explains’. Retrieved May 9, 2014, from Playboy: <http://playboysfw.kinja.com/bros-this-is-how-your-slut-shaming-is-backfiring-a-se-1563665480>.

投票する

- 11 *Gender Differences in Voter Turnout* (2011). Retrieved April 28, 2014, from the Center for American Women and Politics, Eagleton Institute of Politics, Rutgers University: http://www.cawp.rutgers.edu/fast_facts/voters/documents/genderdiff.pdf.
- 12 *United Kingdom* (n.d.). Retrieved September 23, 2014, from OECD Better Life Index: <http://www.oecdbetterlifeindex.org/countries/united-kingdom/>.

| 20 | 女性にできること

- 1 Sommers, C.H. (2013), *The War Against Boys: How Misguided Policies Are Harming Our Young Men* (p. 3). New York, NY: Simon & Schuster.

あとくされのないセックス

- 2 Argintar, L. (2013, November 15), 'The 50 Truths About Love And Sex Every Gen-Y Girl Must Realize'. Retrieved April 14 2014, from Elite Daily: <http://elitedaily.com/women/50-truths-love-sex-every-gen-y-girl-must-realize/>.

誠実な男性を選ぶ

- 3 Rudder, C. (2014, July 28), 'We Experiment On Human Beings!'. Retrieved July 29, 2014, from OkCupid: <http://blog.okcupid.com/index.php/we-experiment-on-human-beings/>.

| 21 | メディアにできること

もっといい婚活出会い系サイトを

- 1 'The Female/Male Digital Divide' (2014, March 5). Retrieved April 28, 2014, from Nielsen: <http://www.nielsen.com/us/en/newswire/2014/the-female-male-digital-divide.html>.
- 2 Smith, A. and Duggan, M. (2013, October 21), *Online Dating & Relationships*. Retrieved April 14, 2014, from Pew Research Center: <http://www.pewinternet.org/2013/10/21/online-dating-relationships/>.
- 3 Parthasarathy, N., personal communication, August 4, 2014.

ポルノ業界にできること

- 4 Gallop, C. (2013, December 4), 'The Difference between Porn and #Realworldsex: an Ongoing Discussion'. Retrieved January 10, 2014, from MakeLoveNotPorn: <http://talkabout.makelovenotporn.tv/2013/12/04/the-difference-between-porn-and-realworldsex-an-ongoing-discussion/>.
- 5 Madamcurator (2013, December 5), 'I'm a Typical 24 year old guy and I Think your Site is Great'. Retrieved January 10, 2014, from MakeLoveNotPorn: <http://talkabout.makelovenotporn.tv/2013/12/05/im-a-typical-24-year-old-guy-and-i-think-your-site-is-great/>.
- 6 'Gates Foundation Awards Grants to Test Ideas Ranging from using Big Data for Social Good to Inventing the Next Generation of Condoms' (2013, November 20). Retrieved August 4, 2014, from Bill & Melinda Gates Foundation: <http://www.gatesfoundation.org/Media-Center/Press-Releases/2013/11/Gates-Foundation-Awards-Grants-to-Test-Ideas>.

ゲーム業界にできること

- 7 Bavelier, D. (2012, June), 'Your Brain on Video Games'. Retrieved June 20, 2014, from TED: http://www.ted.com/talks/daphne_bavelier_your_brain_on_video_games.

- 8 McGonigal, J. (2011), *Reality Is Broken: Why Games Make Us Better and How They Can Change The World* (Inside cover, pp. 219–32). New York, NY: Penguin Press. (ジエイン・マクゴニガル『幸せな未来は「ゲーム」が創る』早川書房)

結論

- 1 Sedgwick, W. (1888, July), *Studies From the Biological Laboratory* (pp. 396–9), Baltimore, Maryland: N. Murray, Johns Hopkins University. Retrieved April 21, 2014, from Internet Archive: <https://archive.org/details/studiesfrombiol00martgoog>.
- 2 Turkle, S. (2012, February), ‘Connected, But Alone?’ Retrieved April 21, 2014, from TED: http://www.ted.com/talks/sherry_turkle_alone_together.

Recommended Resources

Books

Carr, Nicholas, *The Shallows: What the Internet Is Doing to Our Brains*, W.W. Norton & Co., 2010. theshallowsbook.com (N・G・カー『ネットバカ——インターネットが私たちの脳にしていること』青土社)

Farrell, Warren, *The Myth of Male Power: Why Men Are the Disposable Sex*, Berkley Trade, 2001. warrenfarrell.org (ワレン・ファレル『男性権力の神話——《男女差別》の可視性と撤廃のための学問』作品社)

McGonigal, Jane, *Reality Is Broken: Why Games Make Us Better and How They Can Change the World*, Penguin Press, 2011. realityisbroken.org (ジェイン・マクゴニガル『幸せな未来は「ゲーム」が創る』早川書房)

(続く 6 作品は日本での出版がありません)

Sax, Leonard, *Boys Adrift: The Five Factors Driving the Growing Epidemic of Unmotivated Boys and Underachieving Young Men*, Basic Books, 2009. boysadrift.com

Sommers, Christina Hoff, *The War Against Boys: How Misguided Policies Are Harming Our Young Men*, Simon & Schuster, 2013.

Szalavitz, Maia and Perry, Bruce D., *Born for Love: Why Empathy Is Essential – and Endangered*, William Morrow Paperbacks, 2011.

Turkle, Sherry, *Alone Together: Why We Expect More from Technology and Less from Each Other*, Basic Books, 2011. alonetogetherbook.com

Vaillant, George E., *Triumphs of Experience: The Men of the Harvard Grant Study*, Belknap Press, 2012.

Wilson, Gary, *Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction*, Commonwealth Publishing, 2014. yourbrainonporn.com

Films

(紹介されている 4 作品すべて日本での公開や放映はありません)

Digital Nation: Life on the Virtual Frontier, directed by Rachel Dretzin. PBS Films

(Frontline), 2010. pbs.org/wgbh/pages/frontline/digitalnation/

Journeyman, directed by Charlie Borden and Kevin Obsatz. MirrorMan Films, 2007. mirrormanfilms.org/film.html

The Medicated Child, directed by Marcela Gaviria. PBS Films (Frontline), 2008. pbs.org/wgbh/pages/frontline/medicatedchild/

Raising Cain: Boys in Focus, directed by Paul Stern. PBS Films, 2006. pbs.org/opb/raisingcain/

Support groups

Action on Addiction: actiononaddiction.org.uk

Computer Gaming Addicts Anonymous: cgaa.info

‘No Fap’ forum on Reddit: reddit.com/r/nofap/

On-Line Gamers Anonymous: olganon.org

Sex Addicts Anonymous: saa-recovery.org